

Improving the lives of patients living with cancer

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Our patients...

- Vibrant and diverse population
- Socioeconomic inequalities
- Language – 150 languages spoken in Lambeth
- Culture – meaning of cancer and acceptability of services



What support do patients need?

The top 5 concerns reported by patients across London:

- **Worry, fear or anxiety**
- **Fatigue**
- **Pain**
- **Sleep problems**
- **Change in weight**

(Pan-Cancer Vanguard Informatics Team 2016)

Patient care

- **Cancer treatments – surgery, chemo, radiotherapy, immunotherapies, hormone therapies**
- **MDT approach – includes surgeons, oncologists, clinical nurse specialists, allied health professionals**
- **Supportive services:**
 - Dimbleby Cancer Care
 - Gordon Survivorship
 - Allied health professionals
 - Outside organisations



Supportive services

Psychological support

Complementary therapies

Welfare benefits advice

Cancer information

Education seminars

Support groups

Walking group

Relaxation & stress management

Look Good Feel Better

Patient orientation programme

Grants

Foodbanks

Support with work issues

Fatigue management

Dietary advice

Exercise programmes

1:1 physiotherapy

Cancer charities

Carers charities

Equipment aids

Breathlessness management

Gold project

Art as therapy group