

# Pressure Ulcer Prevention

Stop Look and Listen – do any of the people you care for have issues with any of the following:

Guy's and St Thomas'  
NHS Foundation Trust



**I**

**INCONTINENCE**

**S**

**SORE OR RED SKIN**

**U**

**UNWELL**

**R**

**REDUCED MOBILITY**

**F**

**FOOD AND DRINK**

Please refer to your Pressure Ulcer Triggers chart for a more detailed explanation