

Your cancer of unknown primary (CUP) team

When we have been able to find cancer but not the original site, we call this cancer of unknown primary. More information about this is available in your Macmillan Cancer Support booklet: Understanding cancer of unknown primary.

If you have any further questions or concerns, please speak to a member of staff caring for you.

The team

Your care will be provided by a group of experts called a multidisciplinary team, including:

- oncologists (specialist cancer doctors)
- radiologists (doctors who specialise in x-ray tests and scans)
- pathologists (doctors who specialise in identifying different types of cells using a microscope)
- palliative care team
- clinical nurse specialists (key workers)
- dietitians
- physiotherapists and occupational therapists.

We specialise in the treatment of CUP and work closely together to make decisions about your care. We have a weekly meeting, called the multidisciplinary meeting (MDM), to discuss all our patients' cases very carefully and decide what the best next step is for you.

The consultant who will be caring for you depends on the treatment that you receive. Your consultant may change if you go on to receive another type of treatment.

If you are ever unsure about who is in charge of your care, please ask a member of staff.

Outpatient appointments

Appointments will take place at the Cancer Centre at Guy's. We will send you an appointment letter which will tell you which clinic you need to come to.

We will try not to keep you waiting on the day of your appointment, but delays can sometimes happen. You may like to bring something to read, to pass the time. You are also very welcome to bring refreshments.

You may want to have another person with you. This may be a relative or friend, who can help you remember the information the doctor gives you.

If you have any questions, it may be helpful to write them down and bring them with you.

So that we have the correct information about you, please bring your contact details, your GP's details and a list of any medicines that you are taking.

This is a teaching hospital where medical and nursing students come to learn. The doctor will ask you if students can be present during your appointment. If you do not want students at your appointment, please let us know. Your choice will be respected and won't affect your care in any way.

Your consultant may invite you to be part of a research study or clinical trial. If so, you will be given full details of the study or trial.

There will be plenty of time to talk about it with your doctors and you will receive the same level of care whether you decide to take part or not.

Macmillan Cancer Support produces a booklet about clinical trials. Please ask if you would like a copy of this booklet or call 0808 808 0000.

Support from your clinical nurse specialist (key worker)

You will receive a leaflet informing you who your clinical nurse specialist (CNS) or key worker is and how to contact them.

Your CNS will have specialist knowledge and experience of CUP. He or she will support you and those close to you, through your diagnosis and treatment.

At your first meeting with your CNS, you will be offered a health needs assessment in order to identify your individual concerns around diagnosis and treatment.

The nurse specialists are available in the clinic area and will often join you when you see your doctor. They can also offer you appointments separately and are happy to speak to you on the phone if you prefer.

Information and support

Support group

There is currently no support group available at Guys and St Thomas' for CUP. If you would like to discuss your experiences with other people with CUP, Jo's Friends is a website that has an online forum. www.cupfoundjo.org/support/support-for-patients/

Further support

There are other health professionals in the team who can also offer support. They can help you while you are staying in hospital and when you are coming to the outpatient clinics.

Please let us know if you would like to contact:

- physiotherapists
- counsellors
- complementary therapists
- radiographers
- dietitians
- chaplains
- palliative care.

Dimbleby Cancer Care

There is an information and support team available at Dimbleby Cancer Care. This service is for anyone needing cancer-related information and support at Guy's, King's College and St Thomas' hospitals.

The drop-in information service provides leaflets and fact sheets about all aspects of cancer. A cancer information officer is available to help you find the information that you need and to answer any questions that you may have. A member of the team can refer you to the service, or please get in touch using the contact details at the bottom of this page.

In addition, Guy's and St Thomas' hospitals offer a range of cancer-related information leaflets for patients and carers, available at www.guysandstthomas.nhs.uk/cancer-leaflets. For information leaflets on other conditions, procedures, treatments and services offered at our hospitals, please visit www.guysandstthomas.nhs.uk/leaflets

How to contact us

Please do not hesitate to contact us if you have any questions or need advice. If you do not know which member of staff you should call, your nurse specialist may be able to help. If at any time you feel you have not had enough information, or we are not meeting your needs, please let us know.

Clinical nurse specialists (CNS)

Cancer of unknown primary CNS – oncology

t: 020 7188 7188 (main switchboard)

Upper gastrointestinal CNS – oncology

t: 0207 188 7188 (main switchboard)

Acute Oncology Service **t:** 020 7188 3754

Outpatient appointments **t:** 020 7188 4242

Chemotherapy appointments **t:** 020 7188 6452

Radiotherapy appointments **t:** 020 7188 3160

Hospital transport for Guy's and St Thomas' **t:** 020 7188 2888

Oncology wards

Samaritan **t:** 020 7188 8855

Hedley Atkins **t:** 020 7188 8854



Dimbleby Cancer Care provides cancer support services for Guy's and St Thomas'. We have a drop-in information area staffed by specialist nurses and offer complementary therapies, psychological support and benefits advice for patients and carers.

Dimbleby Cancer Care is located in the Welcome Village of the Cancer Centre at Guy's. **t:** 020 7188 5918 **e:** DimblebyCancerCare@gstt.nhs.uk

Pharmacy Medicines Helpline

If you have any questions or concerns about your medicines, please speak to the clinical nurse specialist or other member of staff caring for you or call our helpline.

t: 020 7188 8748 9am to 5pm, Monday to Friday

Your comments and concerns

For advice, support or to raise a concern, contact our Patient Advice and Liaison Service (PALS). To make a complaint, contact the complaints department.

t: 020 7188 8801 (PALS) **e:** pals@gstt.nhs.uk

t: 020 7188 3514 (complaints) **e:** complaints2@gstt.nhs.uk

Language and Accessible Support Services

If you need an interpreter or information about your care in a different language or format, please get in touch:

t: 020 7188 8815 **e:** languagesupport@gstt.nhs.uk

NHS 111

Offers medical help and advice from fully trained advisers supported by experienced nurses and paramedics. Available over the phone 24 hours a day.

t: 111

NHS Choices

Provides online information and guidance on all aspects of health and healthcare, to help you make choices about your health.

w: www.nhs.uk

Get involved and have your say: become a member of the Trust

Members of Guy's and St Thomas' NHS Foundation Trust contribute to the organisation on a voluntary basis. We count on them for feedback, local knowledge and support. Membership is free and it is up to you how much you get involved. To find out more, and to become a member:

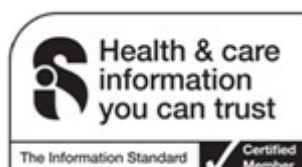
t: 0800 731 0319 **e:** members@gstt.nhs.uk **w:** www.guysandstthomas.nhs.uk/membership

Leaflet number: 4037/VER2

Date published: January 2017

Review date: March 2018

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