Useful sources of information

Guy's and St Thomas' hospitals offer a range of cancer-related information leaflets for patients and carers, available at www.guysandstthomas.nhs.uk/patientleaflets/cancer

Macmillan Cancer Support
0808 808 00 00 (freephone)
www.macmillan.org.uk

Dimbleby Cancer Care is the cancer support service for Guy's and St Thomas' hospitals. This is a free and confidential service for cancer patients and their carers.
t: 020 7188 7889
e: admin@dimblebycancercare.org

Your comments and concerns
For advice, support or to raise a concern, contact our Patient Advice and Liaison Service (PALS). To make a complaint, contact the complaints department.
t: 020 7188 8801 (PALS) e: pals@gstt.nhs.uk
t: 020 7188 3514 (complaints) e: complaints2@gstt.nhs.uk

Language support services
If you need an interpreter or information about your care in a different language or format, please get in touch:
t: 020 7188 8815 e: languagesupport@gstt.nhs.uk

Breast cancer risk assessment service

This leaflet explains more about the breast cancer risk assessment service in Lambeth, Southwark and Lewisham. It explains who this service is for and how to get an appointment.

If you have any further questions, please contact us on 020 7188 1385 or email gst-tr.cancerriskassessment@nhs.net.

Leaflet number: 3003/VER3
Date published: July 2016
Review date: July 2019
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What is the breast cancer risk assessment service?

On average about one in eight women will develop breast cancer. A small number of women may have an increased risk of developing breast cancer because they have a significant family history of the disease.

The breast cancer risk assessment service is for people who may be concerned about their family history of breast and/or ovarian cancer. In some families there may be a link between breast and ovarian cancer. An appointment can be made to attend one of our clinics for a risk assessment and screening recommendations.

Who can use the service?

In order to check whether you need to attend our clinic, please answer the following questions:

● Have you had breast cancer?
● Have you had ovarian cancer?
● Have two or more of your close relatives had breast and/or ovarian cancer?
● Have any of your close relatives had breast cancer under the age of 40?

If you have answered ‘no’ to all of the above questions, then your risk of developing breast or ovarian cancer is likely to be average and no appointment is recommended. However, if you are still concerned about your risk of cancer, you are welcome to get in touch with us.

If you experience any breast changes or have concerns about your health, please contact your GP.

If you answered ‘yes’ to any of the questions above, please call 020 7188 1385. Leave your name, address, date of birth and a contact number on the answer phone. Please also say that you would like to make an appointment at the Breast Cancer Risk Assessment Service. You can also contact us by email at gst-tr.cancerriskassessment@nhs.net.

Where do I need to go?

Our clinics are held at various locations within Lambeth, Southwark and Lewisham.

At the clinic a specialist nurse will ask about your family history and draw a family tree. She will assess your own risk of developing breast or ovarian cancer and explain if any screening is recommended. If further specialist advice is recommended she will talk about this with you.

You will not have a physical examination or a blood test at the clinic. The appointment will last about 30 minutes, and you may bring a friend or relative with you if you wish.

Does it cost anything?

This is a free service for people registered with an NHS General Practitioner (GP) in Lambeth, Southwark or Lewisham.

What do I need to bring with me?

Please bring any details about family members who have had cancer, including the type of cancer they had and how old they were when diagnosed.

Contact us

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