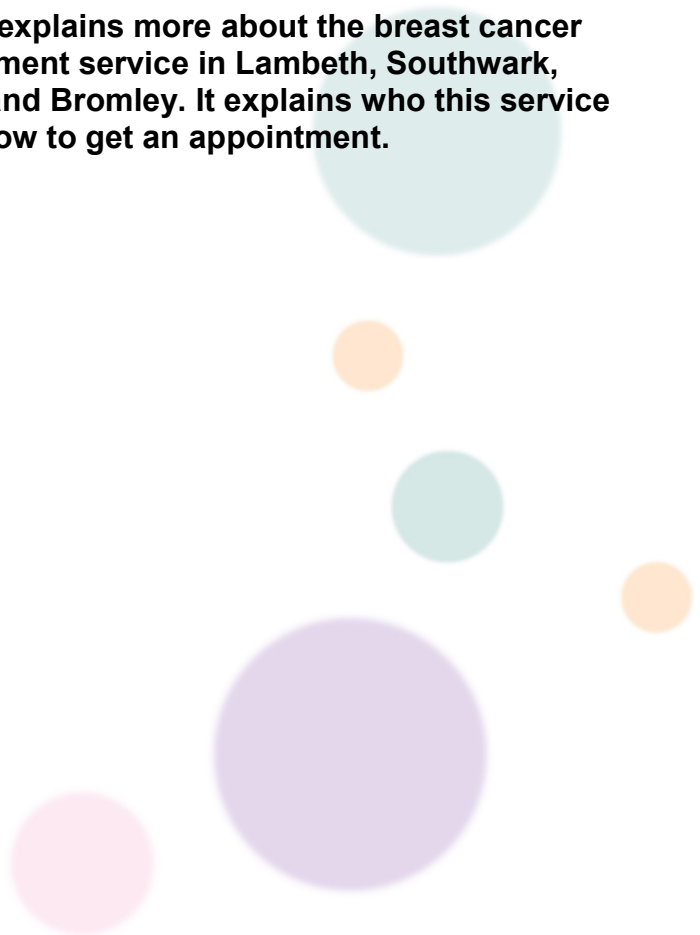




Breast cancer risk assessment service

This leaflet explains more about the breast cancer risk assessment service in Lambeth, Southwark, Lewisham and Bromley. It explains who this service is for and how to get an appointment.



What is the breast cancer risk assessment service?

On average about one in eight women will develop breast cancer. A small number of women may have an increased risk of developing breast cancer because they have a significant family history of the disease.

The breast cancer risk assessment service is for people who may be concerned about their family history of breast and/or ovarian cancer. In some families there may be a link between breast and ovarian cancer. An appointment can be made to attend one of our clinics for a risk assessment and screening recommendations.

Who can use the service?

In order to check whether you need to attend our clinic, please answer the following questions:

- Have **you** had breast cancer?
- Have **you** had ovarian cancer?
- Have **two or more** of your close relatives had breast and/or ovarian cancer?
- Have **any** of your close relatives had breast cancer under the age of 40?

If you have answered '**no**' to all of the above questions, then your risk of developing breast or ovarian cancer is likely to be average and no appointment is recommended. However, if you are still concerned about your risk of cancer, you are welcome to get in touch with us.

If you experience any breast changes or have concerns about your health, please contact your GP.

If you answered '**yes**' to any of the questions above, please call **020 7188 1385**. Leave your name, address, date of birth and a **contact number** on the answer phone.

Please also say that you would like to make an appointment at the Breast Cancer Risk Assessment Service. You can also contact us by email at **gst-tr.cancerriskassessment@nhs.net**.

Where do I need to go?

Our clinics are held at various locations within Lambeth, Southwark and Lewisham.

At the clinic a specialist nurse will ask about your family history and draw a family tree. She will assess your own risk of developing breast or ovarian cancer and explain if any screening is recommended. If further specialist advice is recommended she will talk about this with you.

You will not have a physical examination or a blood test at the clinic. The appointment will last about 30 minutes, and you may bring a friend or relative with you if you wish.

Does it cost anything?

This is a free service for people registered with an NHS General Practitioner (GP) in Lambeth, Southwark, Lewisham or Bromley.

What do I need to bring with me?

Please bring any details about family members who have had cancer, including the type of cancer they had and how old they were when diagnosed.

Useful sources of information

Macmillan Cancer Support

0808 808 00 00 (Freephone)

www.macmillan.org.uk

Contact us

If you have any questions or concerns, please contact us on **020 7188 1385** (please leave a message on the answer phone if we are not in the office and we will return your call as soon as possible). Or email

gst-tr.cancerriskassessment@nhs.net.

**Dimbleby
Cancer
Care**

Dimbleby Cancer Care provides cancer support services for Guy's and St Thomas'. We have a drop-in information area staffed by specialist nurses and offer complementary therapies, psychological support and benefits advice for patients and carers.

Dimbleby Cancer Care is located in the Welcome Village of the Cancer Centre at Guy's.

t: 020 7188 5918

e: DimblebyCancerCare@gstt.nhs.uk

Guy's and St Thomas' hospitals offer a range of cancer-related information leaflets for patients and carers, available at **www.guysandstthomas.nhs.uk/patientleaflets/cancer**

Your comments and concerns

For advice, support or to raise a concern, contact our Patient Advice and Liaison Service (PALS). To make a complaint, contact the complaints department.

t: 020 7188 8801 (PALS)

e: pals@gstt.nhs.uk

t: 020 7188 3514 (complaints)

e: complaints2@gstt.nhs.uk

Language and Accessible support services

If you need an interpreter or information about your care in a different language or format, please get in touch:

t: 020 7188 8815 **e:** languagesupport@gstt.nhs.uk

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