



Oncology and haematology clinical trials

Information for patients

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Guy's Hospital

Great Maze Pond, London SE1 9RT

Guy's and St Thomas' NHS Foundation Trust

Tel: 020 7188 7188



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Welcome

This booklet gives you information that you might need on your journey throughout your treatment as a patient taking part in an oncology (cancer) or haematology clinical trial.

It includes maps, information about our team, and the different departments you may need to visit whilst taking part in a trial.

If you need any other information, please ask your research team – we are here to help.

Meet the team

Research team

Our role is to manage and coordinate oncology and haematology clinical trials for Guy's and St Thomas' patients. Our team includes research nurses (RNs), clinical trial practitioners and coordinators (CTPs / CTCs), and a management team.

- **Research nurses** make sure clinical research studies run smoothly and that participants are kept safe and fully informed. They work in three areas: clinical, administration and education.
- **Clinical trials practitioners/coordinators** usually have a background in life science or research. They divide their role between administration and clinical duties.

Multidisciplinary team (MDT)

A number of other healthcare professionals may also be involved in your care during your clinical trial. They are known as the multidisciplinary team (MDT).

- **Clinical nurse specialists (CNS)** are your key workers. They help you access services from different healthcare professionals and provide an overview of your care 'pathway'. They concentrate on three areas: patients (and their families), nursing management and administration.
- **Physiotherapists** help restore movement and normal body functions if you are ill, injured or disabled, depending on your needs and situation.
- **Dietitians** give practical advice on your diet and nutrition.
- **Speech and language therapists** assist with speech, language and communication problems, and also work with people with eating and swallowing difficulties.
- **Occupational therapists** assess and treat physical and psychiatric conditions.
- **Palliative care nurses** support people with progressive conditions to manage their symptoms, and can also provide counselling for patients and their carers.

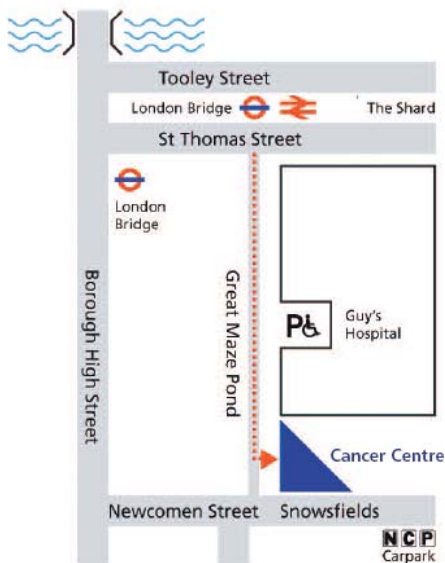
Where will my appointment be?

As well as your regular clinic visits, the research team may also ask you to attend additional clinics and undertake extra procedures, such as scans or blood tests. Please confirm with your research team where your appointment is.

Oncology patients

Most oncology patients will be seen in the Cancer Centre at Guy's. Your research team will let you know where you will be seen when you start your trial.

You may be seen in the Outpatients Village or the Chemotherapy Village.



Directions to the Cancer Centre:

From London Bridge Station walk past the main entrance of Guy's Hospital and continue towards the Snowfield Road exit.

The Cancer Centre is on your left.

When you arrive please log in using the data screens. You will need a copy of your appointment letter which has a barcode or you may be asked to enter your date of birth. You will then be given instructions on where to go for your visit.

Early Phase clinical trials

If you are on an Early Phase clinical trial, your outpatient visit will be on the 15th floor, Tower Wing, of Guy's Hospital in the Clinical Research Facility (CRF).

Directions to the CRF:

As you enter Guy's Hospital through the main entrance, walk straight on to lift B which accesses floors 1-17 of Tower Wing. Take the lift to the 15th floor and sign in at the front desk of the CRF.

If your trial visit is in other clinics at Guy's Hospital, your research team will give you directions as required.

Haematology patients

If you are a haematology patient you will be seen in either the Cancer Centre, or in haematology one or haematology two outpatient departments depending on your disease.

The haematology departments are based at Guy's Hospital.

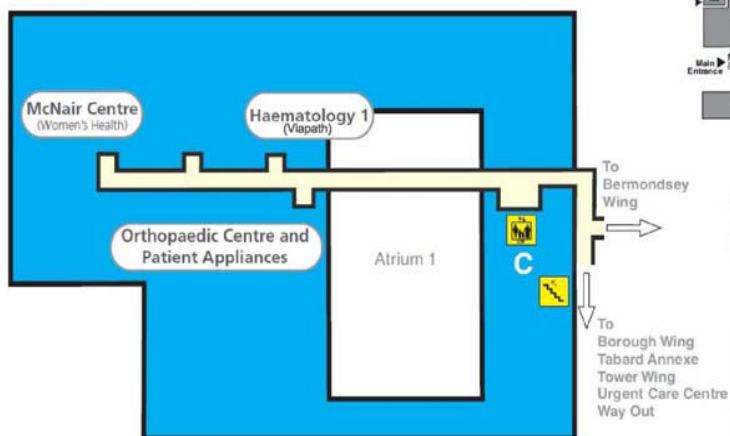
- **Haematology one is on the ground floor of Southwark Wing (blue zone).**
- **Haematology two and the Haematology Day Unit are on the fourth floor, Southwark wing.**

Directions

As you enter the hospital through the main entrance, walk to the left and follow the signs for Southwark Wing (blue zone). Walk along the corridor, past the hospital shop and Southwark Wing is to the left. The lifts here will take you up to the fourth floor if you're going to haematology two or the day unit.

When you arrive in the department, please let the receptionist know that you have arrived for your appointment and you are there to see the research team. The receptionist is there to welcome you and answer any questions you may have.

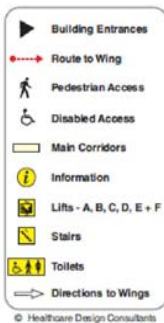
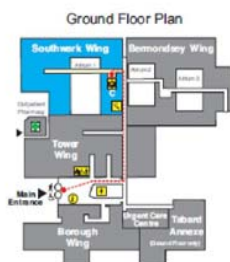
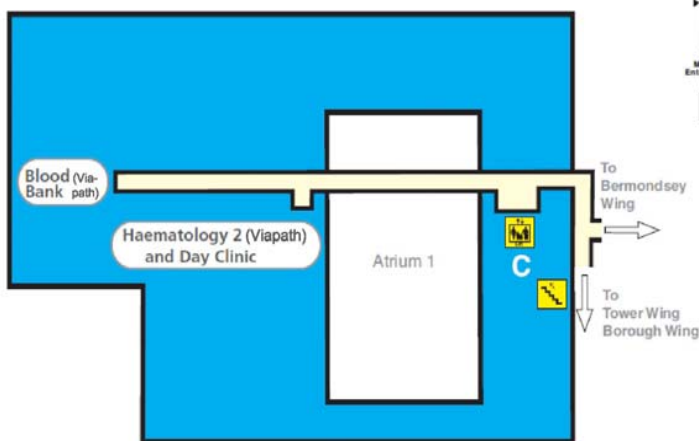
Southwark Wing - Ground Floor



Key



Southwark Wing - Fourth Floor



Tests and treatments and where to find them

Your treatment may come in the form of tablets, intravenous (in the vein) therapy or a combination of both. It may also include radiotherapy. Some treatments may require you to be admitted to hospital for the duration of treatment; however most can be given to you as an outpatient.

Blood tests

Blood tests help us make sure you are well enough to have treatment and to monitor any potential side effects. Blood may be taken at regular intervals.

Depending on the type of test required, results can take minutes or sometimes longer.

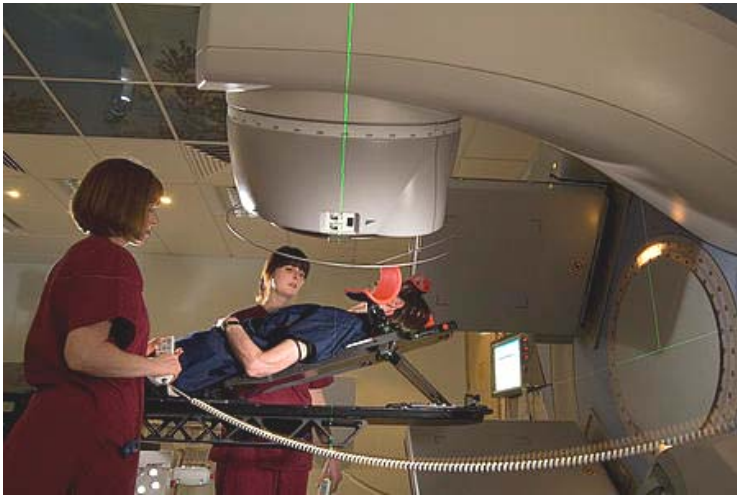
Your blood test will be taken by someone specially trained to take blood, known as a phlebotomist. If you have a permanent fitted device in your arm or chest for blood/treatment, please let the receptionist know so that they can arrange for a nurse to take your blood.

Some trials may require additional tests, such as urine samples, scans or biopsies (samples of tissue). More information about these will be given to you by your research team when you start the trial.

Radiotherapy

If radiotherapy is required as part of your clinical trial, you will receive all the information you need when you are first referred for the treatment.

Radiotherapy will be given in the Cancer Centre.



Having a scan

Please remember to check your appointment letter which will tell you where to go.

MRI scans

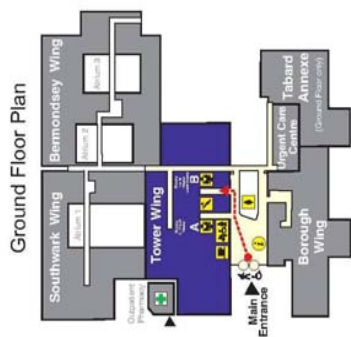
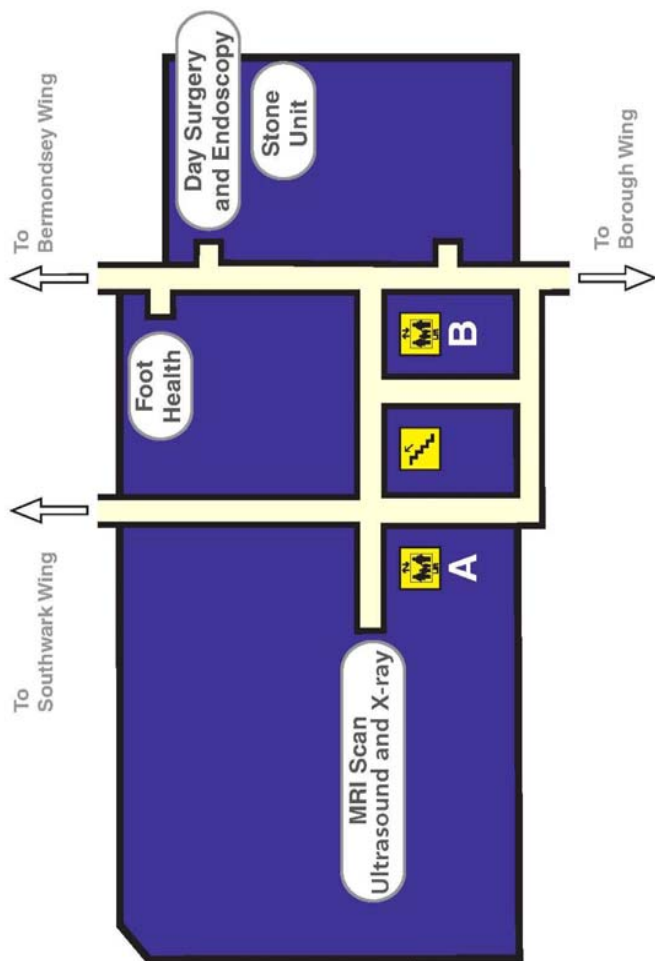
A magnetic resonance imaging (MRI) scan is a painless procedure that usually lasts between 15 and 90 minutes, depending on the size of the area being scanned and the number of images.

An MRI scanner is a short cylinder that is open at both ends. You will lie on a motorised bed that is moved inside the scanner. The scanner will make very loud tapping noises at certain times during the procedure; however, headphones with a choice of music are provided.

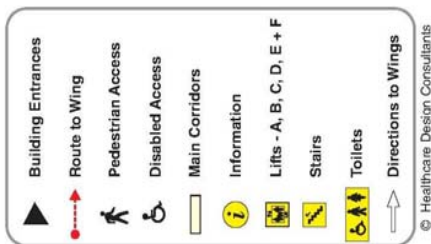


The MRI scanners are in the Outpatients Village of the Cancer Centre and on the second floor, Tower Wing (purple zone) in Guy's Hospital. X-rays and ultrasounds are also carried out here.

Tower Wing - Second Floor



Key



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CT scans

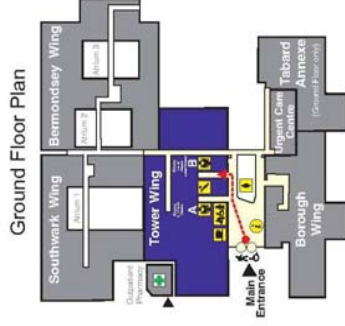
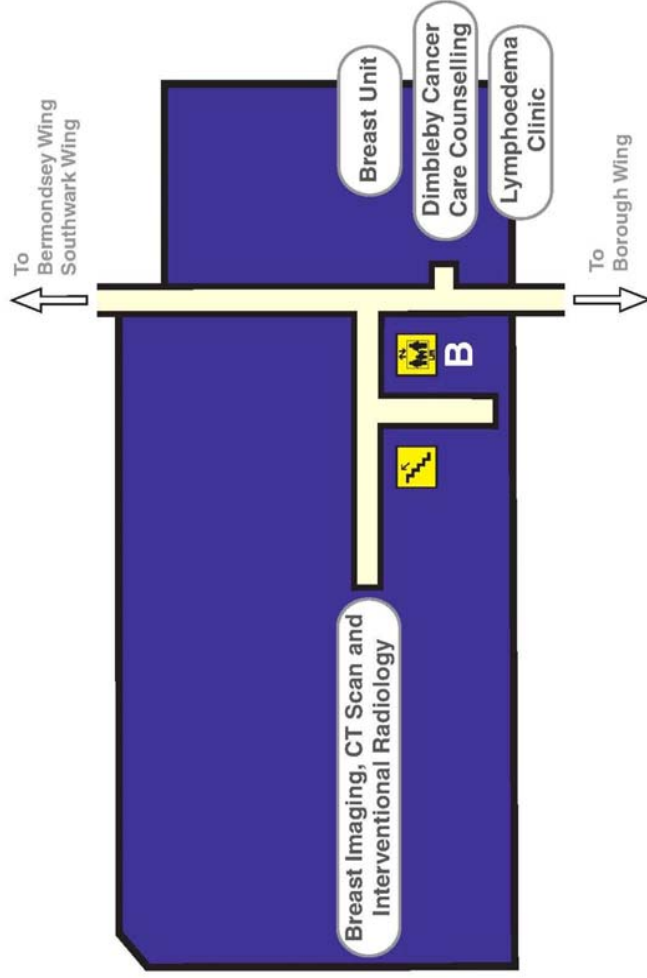
A computerised tomography (CT) scan uses x-rays and a computer to create detailed images of the inside of your body. The images produced by a CT scan are more detailed than standard x-rays.

During a CT scan, you will usually lie on your back on a flat bed. The CT scanner consists of an x-ray tube that rotates around your body. You will usually be moved continuously through this rotating beam. The scan is painless and normally takes between 5 and 10 minutes depending on the part of your body being scanned.

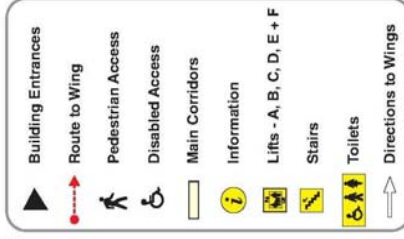


The CT scanners are in the Outpatients Village of the Cancer Centre and on the third floor, Tower Wing (purple zone) at Guy's Hospital.

Tower Wing - Third Floor



Key

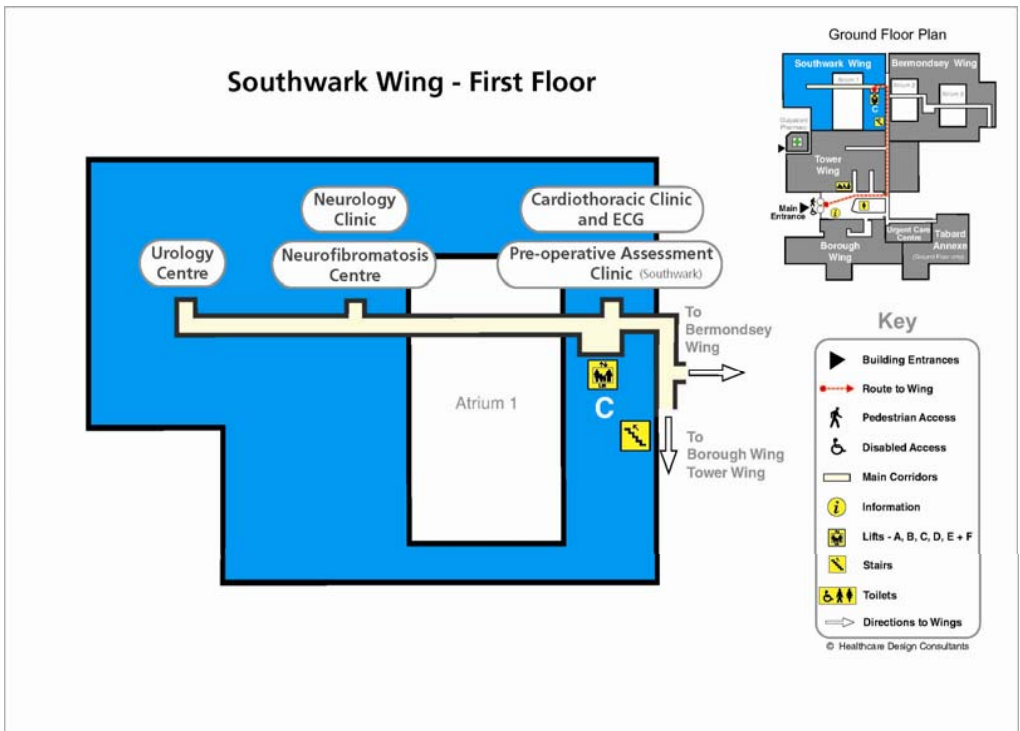


ECGs

An ECG (electrocardiogram), records the rhythm and electrical activity of the heart.

If you need an ECG, this may be done either in your regular clinic by a member of your research team, or in the cardiac (heart) outpatients department.

The cardiac outpatients department at Guy's Hospital is on the first floor, Southwark Wing (blue zone).



Collecting your trial medicine from the pharmacy

Some trial drugs will be given to you directly by your research team as they are only available to patients on that trial.

Other medicines will need to be collected at a pharmacy. Your research team will tell you where to collect your trial medicines.

The Lloyds outpatient pharmacy at Guy's is close to the hospital's main entrance, in the Sainsbury's shop on Great Maze Pond.

Open: Monday to Friday, 8am-11pm, Saturday, 9am-10pm, Sunday 9am-9pm

Tel: 020 7188 7611



Hospital facilities

Wi-Fi / Internet

Free access is available for patients and visitors. Connect using the Wi-Fi SPARK network. All new users should register before connecting for the first time.

Cinema

Guy's and St Thomas' offers a MediCinema at both hospitals – a permanent, state-of-the-art cinema for patients, their family and carers to enjoy. The facilities screen the latest box-office releases, and they're free. If you're an outpatient, you'll need to provide proof that you are being treated at Guy's or St Thomas' such as an appointment or referral letter. For more information call 020 7188 3697 or email gsttmedicinema@medicinema.org.uk.

Refreshments

AMT Coffee Naturally
Cancer Centre at Guy's,
Welcome Village
Monday-Friday: 8am-7pm

Toms @ Guy's Cafe
Atrium 3, Bermondsey
Wing
Monday-Friday: 8.30am-3pm
Closed Saturday/Sunday

Sakar Newsagents and mini market
Main corridor, **ground floor**

Monday-Friday: 7.30am-3.30pm,
Saturday: 7am-6pm,
Sunday: 8am-3pm

AMT coffee
Guy's **main entrance** and at the **main reception**.
Monday-Friday: 6.30am-7pm
Saturday-Sunday: 8am-3pm

Expenses

Some trials may provide reimbursement of travel costs and other expenses. The research nurse or clinical trial practitioner/coordinator will be able to tell you if you are able to make a claim.

If your trial allows you to claim your expenses, you will only be reimbursed for visits occurring after signing the consent form, and can only make claims for expenses related to your trial hospital visits.

In order to be reimbursed, you will need to keep hold of travel tickets and all relevant receipts.



Other services

Dimbleby Cancer Care

Dimbleby Cancer Care provides support and information for patients and their carers from south east London and west Kent. It can be found in the Welcome Village at the Cancer Centre.

Services include psychological support, complementary therapies such as aromatherapy and reflexology and information about support available to you, such as benefits advice and support groups.

For more information see www.dimblebycancercare.org.

District nurses

These nurses provide care in your own home, such as IV line care, wound dressings, and medicine administration.

Acute Oncology Service (AOS)

If you become unwell, develop symptoms or experience any problems after having chemotherapy or anticancer treatment, you can call AOS on 020 7188 3754.

The service operates between 8.30am and 6.30pm Monday–Friday.

If you feel unwell outside of these hours, please call the hospital switchboard on 020 7188 7188 and ask for the operator. When you are talking to the operator, please ask them to contact the oncology registrar on-call.

Do not hesitate to seek medical advice if you feel unwell or have any concerns relating to your health.

Contacts

Trial name:

Consultant:

**Research
nurse:**

Telephone:

CTC/CTP:

Telephone:

Email:

Guy's and St Thomas' hospitals offer a range of cancer-related information leaflets for patients and carers, available at www.guysandstthomas.nhs.uk/cancer-leaflets. For information leaflets on other conditions, procedures, treatments and services offered at our hospitals, please visit www.guysandstthomas.nhs.uk/leaflets

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.



Dimbleby Cancer Care provides cancer support services for Guy's and St Thomas'. We have a drop-in information area staffed by specialist nurses and offer complementary therapies, psychological support and benefits advice for patients and carers.

Dimbleby Cancer Care is located in the Welcome Village of the Cancer Centre at Guy's. **t:** 020 7188 5918
e: DimblebyCancerCare@gstt.nhs.uk

Pharmacy Medicines Helpline

If you have any questions or concerns about your medicines, please speak to the staff caring for you or call our helpline.

t: 020 7188 8748 9am to 5pm, Monday to Friday

Your comments and concerns

For advice, support or to raise a concern, contact our Patient Advice and Liaison Service (PALS). To make a complaint, contact the complaints department.

t: 020 7188 8801 (PALS) **e:** pals@gstt.nhs.uk

t: 020 7188 3514 (complaints) **e:** complaints2@gstt.nhs.uk

Language and Accessible Support Services

If you need an interpreter or information about your care in a different language or format, please get in touch:

t: 020 7188 8815 **e:** languagesupport@gstt.nhs.uk

NHS Choices

Provides online information and guidance on all aspects of health and healthcare, to help you make choices about your health.

w: www.nhs.uk

Get involved: become a member of the Trust

Members of Guy's and St Thomas' NHS Foundation Trust

contribute to the organisation on a voluntary basis. We count on them for feedback, local knowledge and support. Membership is free and it is up to you how much you get involved.

t: 0800 731 0319 **e:** members@gstt.nhs.uk

w: www.guysandstthomas.nhs.uk/membership

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