



Clinical Nurse Specialist Team

**Lung Cancer, Mesothelioma and
Thymic Malignancy**





Rachel Thomas



Sara Hymas



Joe Cruikshank



Marrika Colvin

Contact number: 020 7188 4758

We will act as your key worker, providing support, information and advice to you and your family. It is our role to coordinate your care and be a familiar face at the hospital that you can call on when needed.

Where we can help

The clinical nurse specialist works closely with the team of doctors on the wards and in the outpatient clinic. We can:

- give information about the tests you may need and discuss what they involve
- discuss your diagnosis and provide written information to back up what you have been told
- provide emotional support and links with other professionals in the community for ongoing support at home, for example GP, district nurse, community palliative care
- give information and advice about treatment options (chemotherapy and radiotherapy)
- give you some benefits information and put you in touch with benefits advisers
- liaise with other professionals (such as dietitians, occupational therapists) in the hospital
- advice about symptoms and their management
- deal with issues or concerns surrounding employment, driving and holiday travel
- help with medication queries.

Our Team

- Rachel Thomas (Monday-Friday) CNS for lung cancer and mesothelioma
- Sara Hymas (Monday-Friday) CNS for lung cancer and thymic malignancy
- Joe Cruickshank (Monday, Wednesday, Thursday and Friday) CNS for lung cancer
- Marrika Colvin (Monday, Tuesday and Wednesday) CNS for lung cancer and thymic malignancy

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Useful information

Macmillan Cancer Support Helpline

A free helpline for people affected by cancer who have questions about cancer, need support or just someone to talk to.

t: 0808 808 0000 **w:** www.macmillan.org.uk

Roy Castle Lung Cancer Foundation

This UK charity funds cancer research provides help and support for people trying to stop smoking.

t: 0333 3237200 **w:** www.roycastle.org

Mesothelioma UK

t: 0800 169 2409 **w:** www.mesothelioma.uk.com

Mesothelioma Support Group

Dimbleby cancer care, Welcome village of Guy's Cancer Centre

First Tuesday of month 11am -1pm.

Dimbleby Cancer Care provides cancer support services for Guy's and St Thomas'. We have a drop-in information area staffed by specialist nurses and offer complementary therapies, psychological support and benefits advice for patients and carers.

Dimbleby Cancer Care is located in the Welcome Village of the Cancer Centre at Guy's. **t:** 020 7188 5918
e: DimblebyCancerCare@gstt.nhs.uk

Contact us

If you have any questions or concerns please contact **020 7188 4758**, Monday to Thursday, 9am to 5pm, Friday 8am-4pm..

If you have an urgent enquiry outside of our working hours please contact the main hospital switchboard on **020 7188 7188** and ask for the oncology registrar on call.

Alternatively, you can email us:
LungCancerCNS@gstt.nhs.uk

Guy's and St Thomas' hospitals offer a range of cancer-related information leaflets for patients and carers, available at www.guysandstthomas.nhs.uk/cancer-leaflets. For information leaflets on other conditions, procedures, treatments and services offered at our hospitals, please visit www.guysandstthomas.nhs.uk/leaflets

Pharmacy Medicines Helpline

If you have any questions or concerns about your medicines, please speak to the staff caring for you or call our helpline.

t: 020 7188 8748 9am to 5pm, Monday to Friday

Your comments and concerns

For advice, support or to raise a concern, contact our Patient Advice and Liaison Service (PALS). To make a complaint, contact the complaints department.

t: 020 7188 8801 (PALS) **e:** pals@gstt.nhs.uk

t: 020 7188 3514 (complaints) **e:** complaints2@gstt.nhs.uk

Language and Accessible Support Services

If you need an interpreter or information about your care in a different language or format, please get in touch:

t: 020 7188 8815 **e:** languagesupport@gstt.nhs.uk

NHS Choices

Provides online information and guidance on all aspects of health and healthcare, to help you make choices about your health.

w: www.nhs.uk

Get involved : become a member of the Trust

Members of Guy's and St Thomas' NHS Foundation Trust contribute to the organisation on a voluntary basis. We count on them for feedback, local knowledge and support. Membership is free and it is up to you how much you get involved.

t: 0800 731 0319 **e:** members@gstt.nhs.uk **w:**

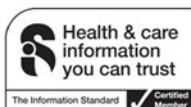
www.guysandstthomas.nhs.uk/membership

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