

## Lewisham community team for adults with learning disabilities

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# Speech and language therapy



## An easy read guide

## What does the speech and language therapy team do?



The speech and language therapy team can help if you have problems saying or understanding words.



The speech and language therapy team can help if you have problems with eating and drinking.

## How can the team help with talking and understanding?



We can find out what you understand and what you find more difficult to understand.



We can help you to tell things to other people.



We can help you to understand what other people are saying.

## How can the team help me with eating and drinking?



We can talk to you and watch you eat and drink.



We can help you if you are having problems chewing or swallowing.



We can help you to eat and drink more safely.

## How can the team help my family or carer to help me?



We can teach other people how to help you to understand and say what you want.



We can teach other people how to help you communicate or eat and drink more safely.

# How can I contact the speech and language therapy team?



Our address is  
**19–21 Brownhill Road**  
**Catford**  
**London SE6 2HG**



Our telephone number is  
**020 3228 9620.**



Our websites are  
**[www.southwark.gov.uk](http://www.southwark.gov.uk)** and  
**[www.gstt.nhs.uk](http://www.gstt.nhs.uk)**.