

Lewisham community learning disability health team



An easy read guide for people
with learning disabilities and their
carers

What is the learning disability health team?



We are a specialist health team based in Lewisham.

The team is made up of:

- nurses
- occupational therapists
- physiotherapists
- speech and language therapists
- audiologist (ear doctor)

What does the health team do?



The team helps adults who have a learning disability to look after their health.

This service is free for people who live in the borough of Lewisham.

Where will I see you?



We will come to see you at your home, college, day centre or wherever you feel comfortable.

How can the team help me?

We will talk to you to find out what help you need. Some things we offer are:



- Advice on how to stay healthy.



- Help to see your GP and other health services.



- Help with hearing problems and communication.



- Help to live as independently as possible.



- Help with eating and drinking problems.



- Help to sit and lie down comfortably.



You can contact the team on
020 3228 9620.

If you prefer, you can ask a friend,
carer, or health professional to
contact the team for you.

How can I make a complaint about the team?



You can make a complaint at any
time by calling 020 3228 9620.

You can also write to us at:

19–21 Brownhill Road
Catford
SE6 2HG



We can even help you to write
your complaint if you would like us
to.

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