

Useful sources of information

Multiple Sclerosis Society

MS National Centre
372 Edgware Road
London NW2 6ND
020 8438 0700
www.mssociety.org.uk

Multiple Sclerosis Trust

Spirella Building
Letchworth
Hertfordshire SG6 4ET
01462 476700
www.mstrust.org.uk

Contact us

If you have any questions or concerns about anything you have read in this leaflet or about MS in general, please contact us using the details on **page 4**.

Further information

Patient Advice and Liaison Service (PALS)

– To make comments or raise concerns about the Trust's services, please contact PALS.

t: 020 7188 8801 at St Thomas'

t: 020 7188 8803 at Guy's **e:** pals@gstt.nhs.uk

Knowledge & Information Centre (KIC)

– For more information about health conditions and local services, please visit the KIC on the Ground Floor, North Wing, St Thomas' Hospital.

t: 020 7188 3416

Language support services

t: 020 7188 8815 **fax:** 020 7188 5953

NHS Direct – Offers health information and advice over the phone 24 hours a day.

t: 0845 4647 **w:** www.nhsdirect.nhs.uk

NHS Choices – Provides online information and guidance on all aspects of health and healthcare, to help you make choices about your health.

w: www.nhs.uk

Multiple sclerosis specialist nursing service

The multiple sclerosis specialist nursing service aims to encourage and empower people who are living with and who are affected by multiple sclerosis (MS).

We will provide the support you need to help you in your management of MS.

The Lambeth, Southwark and Lewisham MS specialist nursing service provides:

- a responsive telephone service for people with MS.
- support and information for people recently diagnosed with MS.
- a specialist nursing assessment and follow up for people at any stage of this long-term condition.
- prompt attention to any changes in your condition if you relapse.
- monitoring of new treatments, including disease modifying therapies.
- appointments in outpatient clinics, in a hospital or community setting, or at home.
- emotional support for people with MS and also their relatives and carers.

- information and education for patients, their families and carers, on how to manage this long-term condition.
- expert advice on complex cases.
- co-ordinated care with other health professionals in order to ensure best practice and symptom management.
- communication with the voluntary sectors and professional bodies.
- education and information for professionals in health services, social services and the voluntary sector.

Confidentiality

We take your confidentiality extremely seriously. To make sure we give the most effective treatment and care, we hold records on all of our patients. Your information is shared only with those who need to provide your care, including your GP (unless you ask us not to do so).

Occasionally there may be exceptions to this, for example to support a clinical audit or to monitor the quality of the care provided. We will usually discuss this with you beforehand.

Contact us

Dulwich Community Hospital

East Dulwich Grove
London SE22 8PT
Fax 0203 049 8821

Monday to Friday, 9am—5pm

- **Joan Regan**

Team leader/Southwark lead
e: joan.regan@nhs.net
t: 020 3049 7961

- **Andrew McCarthy**

Lambeth lead
e: andrew.mccarthy@nhs.net
t: 020 3049 8808

- **Suki Flora**

Lewisham/Southwark lead
e: suki.flora@nhs.net
t: 020 3049 8809

If the nurses are away from the office please leave a message on their individual answer phone.