

Southwark community diabetes service

This leaflet explains more about the Southwark community diabetes service. If you have any further questions, please speak to a doctor or nurse caring for you.

What is Southwark community diabetes service?

The Southwark community diabetes service is a specialist diabetes service provided in the community by Guy's and St Thomas's staff, as well as local GPs and diabetes specialists from Kings College Hospital. The community clinics offer services similar to those that you would find at a hospital clinic, but are provided in a location closer to where you live. Because we feel that you can still benefit from specialist diabetes care, we are referring you to a clinic provided by the Southwark community diabetes team, so that you can be seen in your local community.

The service holds two clinics each week – one at Dulwich Hospital and one at Bermondsey Spa Medical Centre. A range of staff work there, including specialist diabetes nurses, diabetes consultants, GPs with a special interest in diabetes and specialist diabetes dietitians from Guy's and St Thomas', King's College Hospital and the community.

This leaflet aims to provide you with the information you will need when planning your appointment at the community clinic.

Who can attend / receive the service?

You will be referred to the service by your doctor or nurse. Your doctor or nurse will let you know when you are being referred to the service, and you will then receive a letter from the Southwark community diabetes team inviting you for an appointment. The appointment may be in a few months' time, so you may not receive a letter immediately, but you can contact the service directly to check when your appointment will be if you are concerned.

Where do I need to go?

There are two clinic locations for the service:

1. Dulwich Hospital, East Dulwich Grove, London SE22 8PT

- Wednesdays, 9am to 5pm

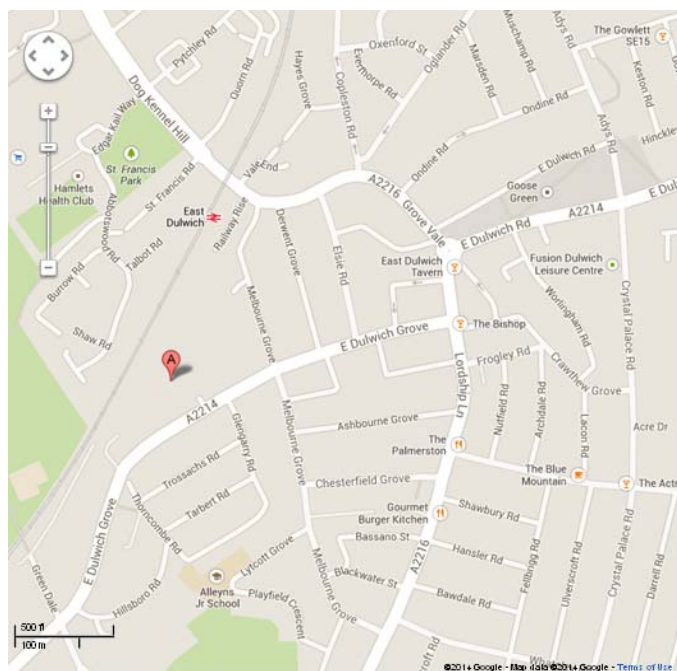
Dulwich Hospital is located ten minutes' walk from East Dulwich train station. It is not within the London congestion charging zone, and there is parking available at the hospital. Bus number 37 stops directly outside the hospital, and buses 40, 176, 185, 484 and P13 stop within ten minutes' walk of the hospital.

2. Bermondsey Spa Medical Practice, 50 Old Jamaica Road, London SE16 4BN

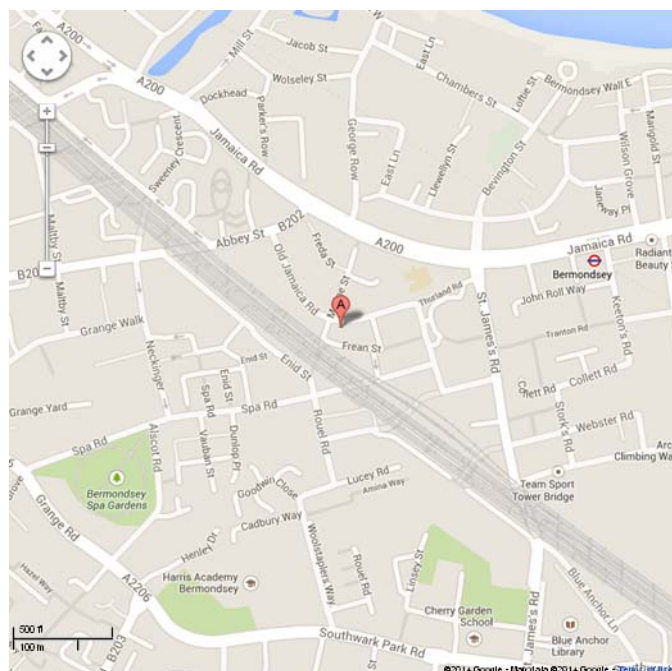
- Fridays, 9am to 5pm

Bermondsey Spa Medical Practice is located ten minutes' walk from Bermondsey tube station, and buses C10, 47, 188 and 381 stop nearby. There is no parking available.

Dulwich Hospital



Bermondsey Spa Medical Practice



What do I need to bring with me?

It would be helpful if you could bring a list of any medication you are currently taking on the day of your appointment.

Contact us

You can contact the service with any queries or concerns by ringing **020 3049 8863** between 9am and 5pm, Monday to Friday. Outside of these hours, you can leave a message and we will get back to you as soon as possible.

Further information

Diabetes UK

Diabetes UK is a charity that cares for, connects with and campaigns on behalf of every person affected by or at risk of diabetes. You can find information about how to manage your diabetes on their website, or you can call their free helpline for advice.

t: 0345 123 2399 9am to 5pm, Monday to Friday **w:** www.diabetes.org.uk

Patient Advice and Liaison Service (PALS)

To make comments or raise concerns about the Trust's services, please contact PALS. Ask a member of staff to direct you to the PALS office or:

t: 020 7188 8801 at St Thomas' **t:** 020 7188 8803 at Guy's **e:** pals@gstt.nhs.uk

Language support services

If you need an interpreter or information about your care in a different language or format, please get in touch using the following contact details.

t: 020 7188 8815 **fax:** 020 7188 5953

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