

Southwark community learning disability health team



An easy read guide

What is the learning disability health team?



We are a specialist health team based in Southwark.

The team is made up of:

- nurses
- occupational therapists
- physiotherapists
- speech and language therapists
- audiologist (ear doctor)

What does the health team do?



The team helps adults who have a learning disability to look after their health.

This service is free for people who live in Southwark.

Where will I see you?



We will come to see you at your home, college, day centre or wherever you feel comfortable.

We will talk to you to find out what help you need. Some things we offer are:



- advice on how to stay healthy



- help to see your GP and other health services



- help with hearing problems and communication



- help to live as independently as possible



- help with eating and drinking problems



- help to sit and lie down comfortably.



You can contact the team by telephone:

Phone: 020 3049 7518.

If you prefer, you can ask a friend, carer, or health professional to contact the team for you.

How can I make a complaint about the team?



You can make a complaint at any time.

Phone: 020 3049 7518



You can also write to us at:

121 Townley Road
Dulwich
SE22 8SW

We can even help you to write your complaint if you would like us to.

Leaflet number: 3780/VER1

Date published: September 2013

Review date: December 2017

© 2017 Guy's and St Thomas' NHS Foundation Trust