

# Treatment and concordance clinic

This leaflet explains more about your next clinic appointment with the treatment and concordance clinic. If you have any further questions, please speak to a doctor, practitioner or nurse caring for you.

## What is the treatment and concordance clinic?

The treatment and concordance clinic is a nurse-led glaucoma clinic.

It is normally held in the Ridley or Iris clinic at St Thomas' Hospital. This will be confirmed in your appointment letter.

## Why am I attending this clinic?

In order to better control your eye pressure, your doctor or practitioner has either prescribed new glaucoma drops or changed the drops you have been using. Your next appointment will be with the treatment and concordance clinic. In this clinic the practitioner will check to see if:

- you have been using the drops correctly
- you are having any problems using the drops
- you are experiencing any side effects
- you are having any problems accessing your drops
- the drops are working to control your eye pressure.

## What do I need to bring with me?

Please bring with you your current list of medications and your most recent pair of glasses.

## How should I be using my drops?

Please use your drops as prescribed by your doctor.

In order to find out whether the drops have been working or not, it is very important that you remember to use them **every day, including on the day of your appointment**.

## What should I do if have an immediate problem?

If you experience any problems or side effects as a result of using the drops, please seek advice from one of the glaucoma practitioners on **020 7188 9121**.

## What should I do if I am unable to attend the treatment and concordance clinic?

Please let us know as soon as possible if you cannot attend your appointment. You can do so by calling the Patient Access Team on 020 7188 8871.

## Your new drops:

Drop name	Dose	Frequency	Eye	Duration

### Contact us

If you have any questions or concerns about anything you have read in this leaflet, please contact us on **020 7188 9121** (Monday to Friday, 9am to 5pm). This is an answer machine service, so please leave a message.

### Pharmacy medicines helpline

For information about any medicines that you have been prescribed at Guy's and St Thomas' hospitals, you can speak to the staff caring for you or call our helpline.

**t:** 020 7188 8748 9am to 5pm, Monday to Friday

**Patient Advice and Liaison Service (PALS)** – To make comments or raise concerns about the Trust's services, please contact PALS. Ask a member of staff to direct you to the PALS office or:

**t:** 020 7188 8801 at St Thomas' **t:** 020 7188 8803 at Guy's **e:** [pals@gstt.nhs.uk](mailto:pals@gstt.nhs.uk)

**Knowledge & Information Centre (KIC)** – For more information about health conditions, support groups and local services, or to search the internet and send emails, please visit the KIC on the Ground Floor, North Wing, St Thomas' Hospital.

**t:** 020 7188 3416

**Language support services** – If you need an interpreter or information about your care in a different language or format, please get in touch using the following contact details.

**t:** 020 7188 8815 **fax:** 020 7188 5953

**NHS Direct** – Offers health information and advice from specially trained nurses over the phone 24 hours a day.

**t:** 0845 4647 **w:** [www.nhsdirect.nhs.uk](http://www.nhsdirect.nhs.uk)

**Leaflet number: 3600 / VER1**

Date published: January 2013

Review date: January 2016

© 2013 Guy's and St Thomas' NHS Foundation Trust