

Going home with a catheter that needs to be removed

This leaflet explains more about the arrangements to have your urethral catheter removed after you have left hospital. For detailed information about how to care for your catheter at home, please ask the ward staff for a leaflet called 'Having a urinary catheter – information for women'.

If you have any further questions, please speak to a doctor or nurse caring for you.

What is a urethral catheter?

It is a catheter that is placed in your bladder to drain your urine away.

When will the catheter be removed?

It will be removed on _____.

Where do I need to go?

Gynaecology ward, 8th Floor North Wing, St Thomas' Hospital, Westminster Bridge Road, London SE1 7EH.

What do I need to do before I come to hospital?

You will need to call the gynaecology ward on **020 7188 2697** between **8am and 9am** on the day you are due to come to hospital to have your catheter removed (see above). The nurses will check the availability of a bed for you.

Most women go home on the same day but please bring an overnight bag with you. You may need to stay in hospital so that we can make sure that you are emptying your bladder fully.

If you have a new baby, you can bring him/her with you to hospital. However, the ward nursing staff will be unable to care for your baby so you must arrange for a responsible adult to look after him/her.

Before you leave hospital, ensure that you have:

- leaflet about how to care for your catheter at home, **Having a urinary catheter – information for women**
- leaflet about what to expect when we remove your catheter, **Having your catheter removed: an inpatient trial without catheter (TWOC).**

Contact us

If you have any questions or queries about your admission or your catheter, please contact the Urogynaecology nurses on **0207 188 3671** (Monday to Friday, 9am to 5pm).

Out of hours, please leave a message and a member of staff will call you back in working hours; alternatively please contact your GP or NHS 111.

For more information leaflets on conditions, procedures, treatments and services offered at our hospitals, please visit www.guysandstthomas.nhs.uk/leaflets

Pharmacy Medicines Helpline

If you have any questions or concerns about your medicines, please speak to the staff caring for you or call our helpline.

t: 020 7188 8748 9am to 5pm, Monday to Friday

Your comments and concerns

For advice, support or to raise a concern, contact our Patient Advice and Liaison Service (PALS). To make a complaint, contact the complaints department.

t: 020 7188 8801 (PALS) **e:** pals@gstt.nhs.uk

t: 020 7188 3514 (complaints) **e:** complaints2@gstt.nhs.uk

Language and accessible support services

If you need an interpreter or information about your care in a different language or format, please get in touch:

t: 020 7188 8815 **e:** languagesupport@gstt.nhs.uk

NHS 111

Offers medical help and advice from fully trained advisers supported by experienced nurses and paramedics. Available over the phone 24 hours a day.

t: 111

NHS Choices

Provides online information and guidance on all aspects of health and healthcare, to help you make choices about your health.

w: www.nhs.uk

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Members of Guy's and St Thomas' NHS Foundation Trust contribute to the organisation on a voluntary basis. We count on them for feedback, local knowledge and support. Membership is free and it is up to you how much you get involved. To find out more, and to become a member:

t: 0800 731 0319 **e:** members@gstt.nhs.uk

w: www.guysandstthomas.nhs.uk/membership

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