

Skin preparation before line/peritoneal catheter insertion using Octenisan[®] wash lotion

This leaflet aims to answer your questions about how to prepare your skin before your planned surgery/procedure. The purpose of preparing your skin before is to ensure that your skin is thoroughly cleansed to reduce the amount of bacteria that is normally found on the skin. This will reduce the risk of you developing an infection. If you have any further questions, please speak to a doctor or nurse caring for you.

Preparing your skin before line insertion

The nurse will give you a supply of Octenisan[®] wash lotion which you will need to use to prepare your skin before the surgery/procedure.

What is Octenisan[®] wash lotion?

Octenisan[®] is a wash lotion for hair and body, for protection against multidrug resistant organisms.

Step 1	Two days before surgery procedure	Stop routine shaving of your body.
Step 2	Day before surgery/procedure	Wash/shower using Octenisan [®] wash lotion as directed
Step 3	Morning of surgery/procedure	Wash/shower using Octenisan [®] wash lotion as directed

Step 1: Two days before your surgery/procedure

Routine shaving should be stopped at least two days before your surgery on **ALL** areas of your body, except for your face and neck. This is to prevent any skin irritation which could lead to an infection. Continue to wash, shower or bath with your regular products at home.

Step 2: Day before your surgery/procedure

On the morning of the **day before your surgery**, your skin needs to be prepared using the Octenisan[®] wash lotion, as explained below. You may need somebody to help you to ensure

that all body areas are covered. **Do not allow this product to come into contact with your eyes, ears or mouth.**

Occasionally wash lotions may cause skin irritation, such as a temporary itching sensation and/or redness. Showering or shaving immediately before applying Octenisan® wash lotion may increase this effect.

Directions for using Octenisan® wash lotion

1. Wet your skin and hair ideally in the bath or shower.
2. Apply Octenisan® wash lotion undiluted using a clean cloth or sponge, paying particular attention to the armpits, groin and buttocks.
3. **Avoid any contact with your eyes, ears or mouth.**
4. Leave the solution on the skin for about one minute. **Do not add any soap to the Octenisan® wash lotion.**
5. Rinse the skin thoroughly.
6. Dry with a clean towel.
7. Put on clean clothes and use clean bedding.

Once you have started preparing your skin for your procedure, please do not shower or bath, or apply any bathing products, lotions, moisturisers or makeup.

Important: Ensure you are the sole user of the washcloth/sponge and towel and ensure that these are properly cleaned and dried before using again.

Step 3: The morning of the surgery/procedure

Repeat as in Step 2.

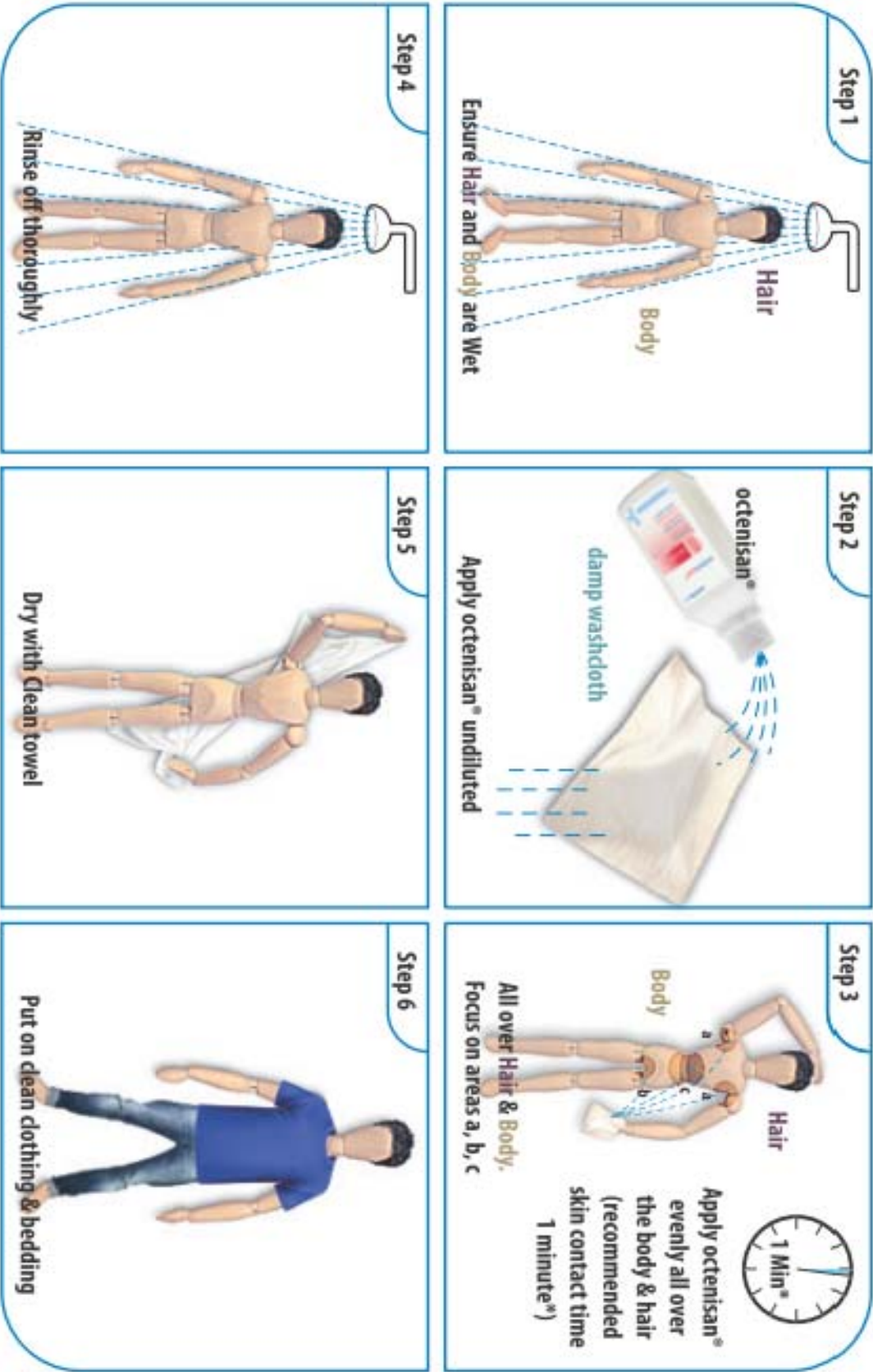
Why is it important that I follow all of the above steps?

Many micro-organisms (germs) live in and on our body, and are also present in our surroundings. Our skin prevents germs from entering our bodies. A surgical wound infection occurs when germs enter the cut that the surgeon makes through your skin to do an operation. Using the Octenisan® wash lotion on your skin properly will reduce the amount of bacteria on your skin which can potentially enter the cut. This will help to reduce the chances of you getting a wound infection.

Allergic reactions

If you are experiencing any signs of allergy following use of the Octenisan® wash lotion, for example a rash, breathing difficulties, palpitations, or swelling of the lips, tongue and throat, or if you feel unwell in any way, please seek medical advice immediately. Let them know that you have used Octenisan® wash lotion recently, and take the bottle/packet with you if possible.

octenisan® antimicrobial wash protocol



*tested according to EN12054

Contact us

Please contact the advanced kidney care clinic on 07867 892 759 or by email RenalAdvancedKidneyCareTeam@gstt.nhs.uk

For more information leaflets on conditions, procedures, treatments and services offered at our hospitals, please visit www.guysandstthomas.nhs.uk/leaflets

Pharmacy Medicines Helpline

If you have any questions or concerns about your medicines, please speak to the staff caring for you or call our helpline.

t: 020 7188 8748 9am to 5pm, Monday to Friday

Your comments and concerns

For advice, support or to raise a concern, contact our Patient Advice and Liaison Service (PALS). To make a complaint, contact the complaints department.

t: 020 7188 8801 (PALS) **e:** pals@gstt.nhs.uk

t: 020 7188 3514 (complaints) **e:** complaints2@gstt.nhs.uk

Language and accessible support services

If you need an interpreter or information about your care in a different language or format, please get in touch:

t: 020 7188 8815 **e:** languagesupport@gstt.nhs.uk

NHS 111

Offers medical help and advice from fully trained advisers supported by experienced nurses and paramedics. Available over the phone 24 hours a day.

t: 111

NHS Choices

Provides online information and guidance on all aspects of health and healthcare, to help you make choices about your health.

w: www.nhs.uk

Get involved and have your say: become a member of the Trust

Members of Guy's and St Thomas' NHS Foundation Trust contribute to the organisation on a voluntary basis. We count on them for feedback, local knowledge and support. Membership is free and it is up to you how much you get involved. To find out more, and to become a member:

t: 0800 731 0319 **e:** members@gstt.nhs.uk **w:** www.guysandstthomas.nhs.uk/membership

Leaflet number: 4460/VER1

Date published: August 2017

Review date: August 2020

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A list of sources is available on request