Your holiday dialysis at Guy’s and St Thomas’ dialysis centres

This leaflet explains more about having holiday dialysis (sometime referred to as dialysis away from base) at a dialysis centre managed by Guy’s and St Thomas’ NHS Foundation Trust.

Who can receive holiday dialysis?
We welcome enquiries for holiday dialysis from kidney patients currently receiving dialysis at an NHS centre in the UK, or visiting non-NHS or private patients. Acceptance for dialysis will depend on the availability of space at your desired centre on your preferred dates as well as your clinical suitability. We can accept bookings for up to three weeks of treatment (up to nine sessions).

As we are an adult service, we cannot accept patients under the age of 16 years. Patients aged 16 or 17 may be accepted, providing a responsible adult can be present during treatment.

Where can I go for holiday dialysis?
Our dialysis centres offer safe, high-quality care in a comfortable, friendly and relaxed atmosphere. You will need to be able to make your own way to and from the dialysis centre.

We offer holiday dialysis at the following locations:

Borough Kidney Treatment Centre
46 Long Lane, London SE1 4AU
Tel: 020 7188 5188
- Nearest public transport links are London Bridge National Rail, underground and bus station, and Borough underground station (10 to 15 minutes walk to/from the centre)
- Car parking is available at the NCP car park located on Snowsfields, opposite Guy’s Hospital (charges apply)
- Opening times are Monday to Saturday, 7am – 11pm

Camberwell Dialysis Unit
Chartwell Business Park, 61 - 65 Paulet Road, London SE5 9HW
Tel: 020 738 5604
- Nearest public transport links are Denmark Hill or Loughborough National Rail stations, (20 minutes walk to/from the unit); local buses run close to the unit
- Opening times are Monday to Saturday, 7am – 8.30pm
New Cross Gate Dialysis Unit
Unit A, Ewen Henderson Court, 40 Goodwood Road, London SE14 6BL
Tel: 020 7188 7091
- Nearest public transport links are New Cross and New Cross Gate National Rail and underground stations (10 – 15 minutes walk to/from the unit); local buses run close to the unit
- Opening times are Monday to Saturday, 7am – 9pm

Tunbridge Wells Kidney Treatment Centre
Abbey Court, 7 - 15 St Johns Road, Tunbridge Wells, Kent TN4 9TE
Tel: 01892 531 645
- Nearest public transport links are Tunbridge Wells National Rail station (please note that the centre is a mile up the hill from the train station); local buses run close to the centre
- Limited car parking is available
- Opening times are Monday to Saturday, 7am – 9pm

Please note
All our dialysis centres are run by nurses that specialise in dialysis care and there are no doctors present on any of the sites. In case of an emergency, we will call 999.

We cannot offer holiday dialysis at St Thomas’ Hospital or Guy’s Hospital.

Does it cost anything?
There is no charge for NHS patients wishing to dialyse in our centres. Certain countries, such as Australia and countries within the EU, have an agreement with the NHS meaning there is no direct charge to patients. To find out if you are eligible for NHS treatments, please contact our holiday coordinator – contact details are at the end of this leaflet.

The cost for private patients and patients who are not eligible for NHS treatment is £300 per dialysis session.

What do I need to bring with me?
We recommend that you bring a packed lunch or snack with you as we do not provide meals. Tea, toast and cold drinks are available. Some patients find a small blanket useful.

Each dialysis station has a television that you can watch with personal headphones. If you wish to use your own personal music or DVD player, please bring headphones so that you do not disturb other patients. Free WiFi access is available if you wish to bring a mobile device.

Can family and friends visit me?
There are no set visiting times so please check with the staff at the centre who can advise you.

Useful sources of information
- National Kidney Federation
  For an introduction to holidays for kidney patients
  www.kidney.org.uk/help/holidays/holidays-tips/
  Tel: 0845 601 02 09
Contact us
If you wish to attend one of our centres for holiday dialysis, please contact our holiday dialysis coordinator:

Tel: 020 7188 5708
Email: holidaydialysis@gstt.nhs.uk
Fax: 020 7188 5646

Bookings should be made at least four weeks in advance. When you contact us, we will send you all the necessary documentation. When we have received the completed documents, we will confirm your booking.

For more information about our dialysis services, please visit our website:
www.gstt.nhs.uk/our-services/kidney

For more information leaflets on conditions, procedures, treatments and services offered at our hospitals, please visit www.guysandstthomas.nhs.uk/leaflets

Pharmacy Medicines Helpline
If you have any questions or concerns about your medicines, please speak to the staff caring for you or call our helpline.

Tel: 020 7188 8748 9am to 5pm, Monday to Friday

Patient Advice and Liaison Service (PALS)
To make comments or raise concerns about the Trust’s services, please contact PALS. Ask a member of staff to direct you to the PALS office or:

Email: pals@gstt.nhs.uk

Language Support Services
If you need an interpreter or information about your care in a different language or format, please get in touch using the following contact details.

Tel: 020 7188 8815  Fax: 020 7188 5953

NHS 111
Offers medical help and advice from fully trained advisers supported by experienced nurses and paramedics. Available over the phone 24 hours a day.

Tel: 111

NHS Choices
Provides online information and guidance on all aspects of health and healthcare, to help you make choices about your health.

w: www.nhs.uk