Further information

Dimbleby Cancer Care - This is the cancer support service for Guy’s and St Thomas’. They have information drop-in centres as well as offering complementary therapies and psychological support.
t: 020 7188 5918

PALS - To make comments or raise concerns about the Trust’s services, please contact our Patient Advice and Liaison Service (PALS). Ask a member of staff to direct you to PALS or: t: 020 7188 8801 at St Thomas’
t: 020 7188 8803 at Guy’s e: pals@gstt.nhs.uk

Language support services - If you need an interpreter or information about the care you are receiving in the language or format of your choice, please get in touch using the following contact details:
t: 020 7188 8815 e: languagesupport@gstt.nhs.uk
fax: 020 7188 5953

Knowledge & Information Centre (KIC) -
The Knowledge and Information Centre is located at St Thomas’ Hospital, Ground Floor, North Wing. You can use the internet, send an email and access their resources on other health topics.
t: 020 7188 3416 e: kic@gstt.nhs.uk
The urological cancer team care for people with cancer involving the urinary tract. This may be kidney, bladder, prostate or testes.

This leaflet will help you to understand the service we provide for patients, who will be involved in your care, and what support is available.

**The multi-disciplinary team**

Your team of healthcare professionals consists of doctors, nurses, psychologists, radiographers, social workers and counsellors. They all have experience of working with people with urological cancer.

Your consultant (senior doctor), works closely with the rest of the team to make sure you receive the best care possible. Your consultant has overall responsibility for your care.

Your investigations, treatment and care may take place at Guy’s Hospital or at St Thomas’ Hospital. You may be looked after in either the urology or oncology departments depending on your condition and the treatment that you need. Urology doctors tend to specialise in the surgical treatment of cancer. Oncologists will be involved in medical treatment (eg chemotherapy) or in radiotherapy treatment.

The consultant caring for you will depend on the treatment you receive. If you go on to receive another type of treatment your consultant may change to a different member of the team.
Coming for an outpatient appointment

The urological cancer team have clinics at both the Guy's Hospital and St Thomas' Hospital sites.

Your appointment letter or card, will tell you which hospital and department you will need to attend. If it is not clear, please telephone the clinic receptionist or your consultant’s secretary. There is a list of contact numbers on pages 9 and 10 of this booklet.

We will try not to keep you waiting on the day of your appointment, but delays can sometimes happen. You may want to bring something to read, to pass the time. You are also very welcome to bring refreshments with you. Please be aware that some of the people in the waiting room may be there to see a different doctor or nurse to you, and so may be seen before you.

At your appointment, you are welcome to bring someone with you. This may be a relative or friend, who can help you to remember the information given to you by the doctor. If you have any questions, it may be helpful to write them down and bring them with you.

So that we have the correct information about you, please bring your contact details, your GP details and a list of any medication that you are taking when you come for your appointment.

This is a teaching hospital where medical and nursing students come to learn. Students may be present at your appointments or when you have treatment. Please let the clinic clerk or receptionist know if you would prefer not to have a student present.
Clinical nurse specialist or key worker

If you are coming into hospital, having investigations or treatments, it can be a difficult and uncertain time for you and those close to you. It is important to us that you receive the best care and support possible.

You will be given the name of your ‘key worker’ at your clinic appointment and they will help you with any questions about your care. This is most likely to be your clinical nurse specialist (CNS), but it could be another nurse from our team.

Your CNS is a nurse with skills and experience in caring for people with urological cancer. All patients who attend Guy’s, King’s and St Thomas’ Cancer Centre for treatment will be allocated a CNS/key worker.

Your CNS may be able to help by:
• answering your questions and offering written information about your cancer, investigations, treatments or symptoms;
• offering emotional and practical support and advice
• helping you to manage any symptoms or side-effects of treatment;
• assisting you in getting extra support at home
• finding you support and information on how to address financial worries;
• offering support to friends, relatives and partners;
• referring you for additional specialist supportive care and complementary therapies.

Local support groups

Guy’s prostate cancer support group
A support group for men being treated for prostate cancer at Guy’s and St Thomas’. Partners welcome.

Venue: The Seminar Room
The urology centre
1st Floor, Southwark Wing
Guy’s hospital

Time and date: The last Friday in every month
2pm-3.30pm

Guy’s bladder cancer support group
A support group for people being treated for bladder cancer at Guy’s and St Thomas. Partners welcome.

Venue: The Seminar Room
The urology centre
1st Floor, Southwark Wing
Guy’s hospital

Time and date: The first Thursday in every month
2pm-3.30pm

Teenagers and young adults
A support group for teenagers and young adults with cancer

Venue: Gassiot House
Dimbleby Cancer Centre
St Thomas’ Hospital

Time and date: The third Wednesday in every month
5:30-7pm

t: 07833095998 e: gavin.maynard-wyatt@gstt.nhs.uk
Clinical nurse specialists (key workers) and contacts

<table>
<thead>
<tr>
<th>Name</th>
<th>Contact Information</th>
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<tbody>
<tr>
<td>Kathryn Elwis and Penny Champion</td>
<td>t: 0207 188 7823 e: <a href="mailto:kathryn.elwis@gstt.nhs.uk">kathryn.elwis@gstt.nhs.uk</a> e: <a href="mailto:penny.champion@gstt.nhs.uk">penny.champion@gstt.nhs.uk</a></td>
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<tr>
<td>care for people with kidney cancer and for men with testicular cancer</td>
<td></td>
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<tr>
<td>Sue Amery</td>
<td>t: 0207 188 7636 e: <a href="mailto:suzanne.amery@gstt.nhs.uk">suzanne.amery@gstt.nhs.uk</a></td>
</tr>
<tr>
<td>cares for people with cancer of the bladder</td>
<td></td>
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<tr>
<td>Anna Ashfield, Sharon Clovis and</td>
<td>t: 0207 188 7339 e: <a href="mailto:sharon.clovis@gstt.nhs.uk">sharon.clovis@gstt.nhs.uk</a> e: <a href="mailto:janette.kinsella@gstt.nhs.uk">janette.kinsella@gstt.nhs.uk</a> e: <a href="mailto:louisa.fleure@gstt.nhs.uk">louisa.fleure@gstt.nhs.uk</a> e: <a href="mailto:anna.m.ashfield@gstt.nhs.uk">anna.m.ashfield@gstt.nhs.uk</a></td>
</tr>
<tr>
<td>Janette Kinsella</td>
<td>care for men with early prostate cancer and Louisa Fleure cares for men with advanced prostate cancer</td>
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<tr>
<td>Angel Garcia-Imhof and Gerry Trillana</td>
<td>care for patients who wish to participate in clinical research trials t: 0207 188 2007</td>
</tr>
<tr>
<td>Catherine Oakley</td>
<td>t: 0207 188 4811 and Michael Flynn is the lead chemotherapy nurse t: 0207 188 4812.</td>
</tr>
<tr>
<td>Sanna Eestilla</td>
<td>is the oncology pharmacist t: 0207 188 4272</td>
</tr>
<tr>
<td>Gavin Maynard-Wyatt</td>
<td>is the lead cancer nurse for teenagers and young adults (aged 16-24) t: 07833095998 e: <a href="mailto:gavin.maynard-wyatt@gstt.nhs.uk">gavin.maynard-wyatt@gstt.nhs.uk</a></td>
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Other health professionals

There are a number of other health professionals in the team who may also be able to help you, either as an inpatient or as an outpatient. These include:

- treatment radiographers
- specialist research radiographers
- dieticians
- physiotherapists
- occupational therapists
- stoma nurses
- counsellors and psychologists
- carers’ support team
- chaplaincy.

Please let us know if you would like to contact any of them.

Inpatient care

There are two urology and two oncology wards on the Guy’s site. If you need to be admitted into hospital, your doctors will try to get a bed for you on one of these wards:

<table>
<thead>
<tr>
<th>Guy’s oncology wards</th>
<th>Hedley Atkins Ward 8th Floor Borough Wing</th>
<th>Samaritan Ward 8th Floor Borough Wing</th>
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<tbody>
<tr>
<td></td>
<td>t: 020 7188 8854</td>
<td>t: 020 7188 8855</td>
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<tr>
<td>Guy’s urology wards</td>
<td>Florence Ward 4th floor Borough Wing</td>
<td>Aston Key Ward 4th floor Borough Wing</td>
</tr>
<tr>
<td></td>
<td>t: 020 7188 8818</td>
<td>t: 020 7188 8860</td>
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</tbody>
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Information and support organisations

Macmillan Cancer Support (provide practical, medical and financial support for people with cancer)

Macmillan Youthline (for young people aged 12 – 21)

Cancer Research UK (provide information for cancer patients and their families, health professionals and the general public).

Teenage Cancer Trust

Riprap (for children with a parent with cancer)

Cancer Black care (provides information, advice and support services for cancer patients and their families, which is sensitive to cultural and ethnic diversity)

Prostate Cancer Charity (provides support and information, and funds research about prostate cancer)

Prostate UK (provides information on all prostate diseases)

Orchid Cancer Appeal (Offer support and information to people affected by prostate, penile and testicular cancer)
**Consultant urologists (surgeons)**

Mr Rick Popert  
Mr Declan Cahill  
Professor Prokar Dasgupta  
Mr Ben Challacombe  
Mr Tim O'Brien  
Mr Nicholas Hegarty  
Mr Paul Hegarty  
Miss Kay Thomas  
Mr Shamim Khan  

Mr Rick Popert  
Mr Declan Cahill  
Professor Prokar Dasgupta  
Mr Ben Challacombe  
Mr Tim O'Brien  
Mr Nicholas Hegarty  
Mr Paul Hegarty  
Miss Kay Thomas  
Mr Shamim Khan

**Consultant clinical oncologists**

Dr Stephen Morris  
Dr Simon Hughes  
Dr Ronald Beaney  
Dr Sarah Harris

**Consultant medical oncologists**

Dr Simon Chowdhury

**Oncology outpatients**

Sister Lesley Cooper (Guy’s)  
Sister Minerva Salvador (St Thomas’)

**Matrons**

Ann Finlay (urology wards matron)  
Liz Graham (oncology wards matron)  
Ciara Rooney  
Tim Dale (Matron for urology and renal outpatients)  

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**After treatment**

After treatment, you will be seen regularly by the doctors and/or nurses to monitor your progress. Follow-up appointments will either take place at Guy’s, St Thomas’, or your local hospital. You will be sent the appointment by post. If you need anything in the meantime contact your CNS/key worker.

**Dimbleby Cancer Care**

This service offers information, psychological support, complementary therapies and welfare benefits advice for patients attending the Guy’s, Kings and St Thomas’ Cancer centre.

Drop-in information centres are located at Guy’s in the Medical oncology clinic (Ground floor, Tabard Annexe) and at St Thomas’ on the Lower Ground Floor, Lambeth Wing.

**t:** 020 7188 5918  
**e:** Richarddimblebycentre@gstt.nhs.uk

A member of the cancer information team is available to help you find the information you need and to answer any questions that you may have.

Complementary therapies such as aromatherapy, reflexology, relaxation and stress management can be organised as an inpatient or outpatient.

Access to the psychological support team for help with emotional support can be arranged.
How to contact us

The following pages have contact details of the members of the team. Please do not hesitate to contact us if you have any questions or need advice.

If you are using the ‘Bleep’ system, please call 020 7188 3026 and ask for the bleep number you require. Allow at least five minutes for us to answer your call. The person you are contacting may have difficulty reaching a telephone quickly.

If you do not know which member of staff you should call, either your consultant’s secretary or your nurse specialist may be able to help.

Out of hours contact details

The urology oncology team are available Monday to Friday between 9am and 5pm. If you are in need of urgent advice at any other time, please follow the advice below:

If you are under the care of chemotherapy and radiotherapy consultants:
- Dr Ronald Beaney
- Dr Stephen Morris
- Dr Simon Chowdhury
- Dr Simon Hughes or Dr Sarah Harris

To: 020 7188 3026 and ask for the oncology registrar on call

If you are under the care of urology, please contact your GP on call service, or follow any advice your key worker may have given you.

In an emergency call your local Accident and Emergency (A&E) Department or dial 999.

Members of the urological cancer team

Clinic clerks/receptionists
Prostate cancer clinic: 020 7188 7341
Bladder cancer clinic: 020 7188 7342
Renal and testes clinic: 020 7188 6789
Oncology clinics (Guy’s): 020 7188 4242
Oncology clinics (St Thomas’): 020 7188 4229

Treatment support
Radiotherapy treatment support: 020 7188 4220
Phil Reynolds (specialist radiographer): 020 7188 8244
Urology admissions: 020 7188 0710
Research nurses (clinical trials): 020 7188 2007
Chemotherapy day unit (St Thomas’): 020 7188 4229
Chemotherapy day unit (Guy’s): 020 7188 6452
Assisted conception unit: 020 7188 2300

Other wards and departments
MRI enquiries: 020 7188 9033
CT enquiries (Guy’s Hospital): 020 7188 5573
CT enquiries (St Thomas’ Hospital): 020 7188 5645
Nuclear Medicine: 020 7188 4112
Ultrasound: 020 7188 5543
PET scanning: 020 7188 4988
Aston Key Ward: 020 7188 8860
Florence Ward: 020 7188 8818
Samaritan Ward: 020 7188 8855
Hedley Atkins Ward: 020 7188 8854

Clinical nurse specialists
Prostate: 020 7188 7339
Bladder: 020 7188 7636
Kidney: 020 7188 7823
Testes: 020 7188 7823
Stoma care: 020 7188 6469