

Easy read

Learning disability health team

**Southwark, Lambeth and Lewisham
community learning disability health team**



We are a special health team.



We help people with learning disabilities.



We work in Southwark,
Lambeth and Lewisham.

What we do



We help adults with learning disabilities to look after their health.

Where we can visit you



You can choose where we visit you.



We can visit you at your home.



We can visit you at your college.



We can visit you at your day centre.



We can meet you in the community.

How we can help you



We talk to you to find out what help you need.



We can help you to see a GP or use other health services.



Our nurses can give you advice on how to stay healthy.



We have an ear doctor called an **audiologist**.



They can help with hearing problems.



Occupational therapists work in our team.



They can help you to be more independent and do everyday things.



Speech and language therapists work in our team.



They can help you with talking and listening to others.



They can also help with eating and drinking problems.



Physiotherapists work in our team.



They can help if you have problems moving around.



They can help you sit and lie down comfortably.

Contact the Southwark and Lambeth team



If you are worried or have questions, you or your carer can contact us.



Write to us at

121 Townley Road
East Dulwich
London SE22 8SW



Call us on 020 3049 7518



Email
gst-tr.awldhealthteam@nhs.net

Contact the Lewisham team



If you are worried or have questions, you or your carer can contact us.



Write to us at

1st floor Old Town Hall
Catford
London SE6 4RU



Call us on 020 3989 0550



Email
gst-tr.awldhealthteam@nhs.net

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A list of sources is available on request