

## Easy read

# Spiritual healthcare team



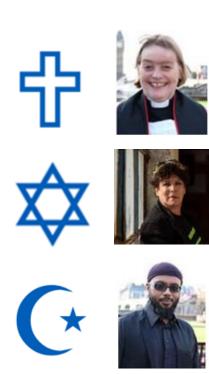
The spiritual healthcare team helps everyone.



It does not matter what religion you have or what you believe.



A **chaplain** is someone who helps with spiritual needs.



We have chaplains from different religions.

#### How we can help you



We can visit and talk to you.



You need to agree for us to visit you and record this visit in your notes.



We can answer your questions about religion.



We can pray with you.



Cross

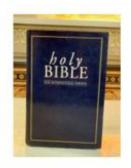


**Prayer mat** 



**Prayer beads** 

We can bring you things to help you pray.



**Bible** 



Zohar



Qur'an

We can bring you religious books.



We have a chapel and prayer rooms at the hospital. Anyone can use them.



We can talk to your family or friends too if this is helpful.

#### Where we can visit you



We can visit you in hospital.



We can visit you in the community.



We can visit you at your day centre.

## Speak to someone



You can speak to our spirituality and disability adviser or chaplain.



Call 020 7188 1187 or 020 7188 5588



Email chaplains@gstt.nhs.uk



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Next review due: January 2028

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A list of sources is available on request