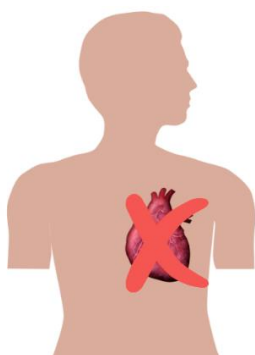
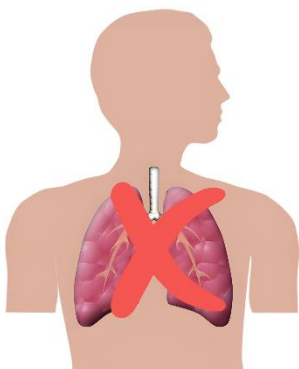


Easy read

Organ and tissue donation after you die



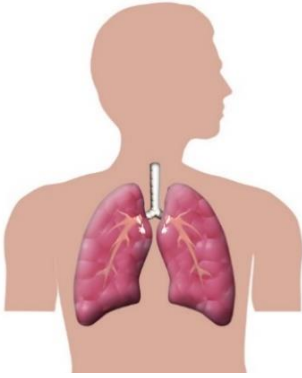
When people die, their heart stops working.



They also stop breathing.



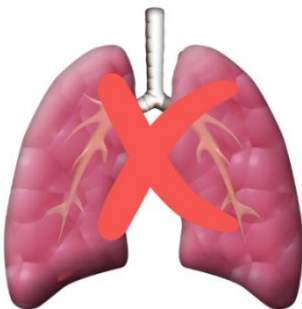
People cannot live again after they die.



Our bodies have important parts called **organs**. We need organs like the heart and lungs to live.



Our bodies also have **tissues** like eyes, skin and bones.



When someone dies, they do not need their **organs** or **tissues** anymore.



After a person dies, doctors can give their **organs** and **tissues** to someone who needs them.

This is called **organ and tissue donation**.



If doctors give **organs** or **tissues** to a sick person, this can help save their life.



You can decide if you want your **organs** and **tissues** to go to others after you die.



If you do not want this, you can tell your healthcare team.



They can help you record your decision.

Speak to someone



If you are worried or have questions you can speak to someone.



You can speak to your healthcare team.



They can give you more information.

