

Easy read

Planning your treatment



If you get sick, your healthcare team will talk to you about your care and treatment.



You can decide a plan together.



Your healthcare team will ask you how you want to be looked after.



They will ask you what treatment you want.



If you get very sick, you might not be able to make your own choices.



Your healthcare team might talk to you and people important to you. Examples are your family, friends or support workers.

This helps the healthcare team plan your care and treatment.



Sometimes, people can get very sick quickly.



Your healthcare team will try to make you better with treatment like medicine.



They will check if your treatment helps.



If you are in hospital and become more unwell, you might need extra help. This is called **critical care**.



Critical care is treatment to help keep very sick people alive.



You might need a machine called a **ventilator** and tubes to help you breathe.



Sometimes the treatment helps and the person gets better.



Sometimes the treatment does not help and the person might not get better.



If the treatment does not help, the healthcare team might stop it.



The healthcare team will always try to make you comfortable.



The healthcare team will try to make sure you are not in pain.

Speak to someone



If you are worried or have questions you can speak to someone.



You can speak to your healthcare team.



They can give you more information.