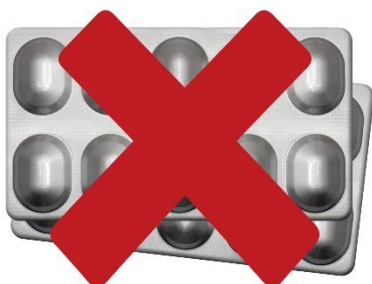


## Easy read

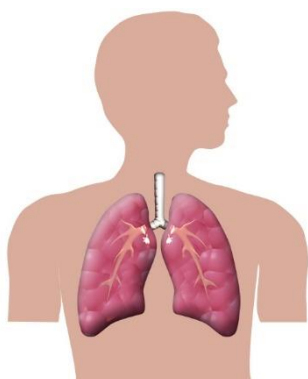
# What to expect when someone is dying



Sometimes people get very sick.



Medicines and treatment might not make them better.



Our bodies have important parts called **organs** like the brain, heart, lungs, stomach, liver and kidneys.



We need healthy **organs** like a heart and lungs to live.



If someone gets very sick, the important **organs** in their body can start to stop working. This is called **dying**.

## How we know someone is dying



Someone who is **dying** might not eat or drink much.



Their breathing might be loud or noisy. This is a normal part of **dying**.



Someone who is **dying** might seem upset or confused.



The healthcare team makes sure that the person is comfortable.



Someone who is **dying** might sleep a lot during the day and night. This is normal.



You can still speak to the person and tell them you are there.



The person's skin might change colour or feel colder than usual. This is normal.

## Help for you



When someone is **dying**, it can be scary and sad for their family and friends.



The healthcare team tells you about the person's health.



They may put a picture of a swan by the person's hospital bed.



This tells the healthcare team that the person needs a calm and peaceful space.



It also tells them to be gentle to the person and their family and friends.



You can talk about how you feel and ask questions.



The **palliative care team** is a special healthcare team. They help the person who is **dying** and their family and friends.





They can also find someone for you to talk to about your feelings.



If you have religious or spiritual needs, you can talk to the **spiritual healthcare team**.



Being with someone who is **dying** is very hard.



Hospital staff can help you.

# Speak to someone



If you are worried or have questions you can speak to someone.



You can speak to your healthcare team for help.



They can give you more information.

