



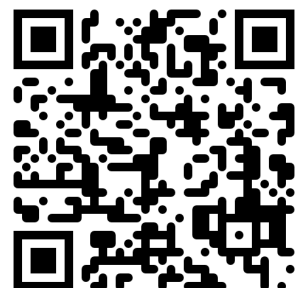
NHS

Guy's and St Thomas'
NHS Foundation Trust

Using the MyChart App



www.guysandstthomas.nhs.uk/mychart





What is MyChart?

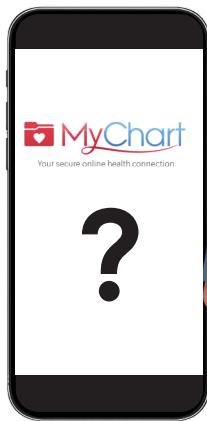


- MyChart is a free app.

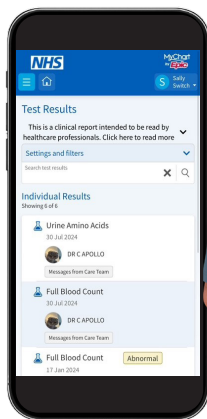
It helps you manage your healthcare.



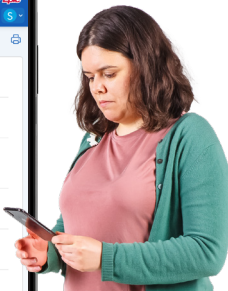
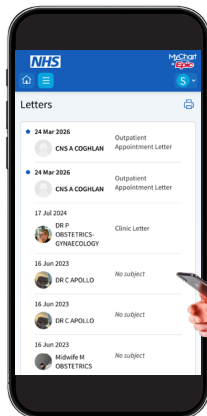
- You can access MyChart on your phone or computer.



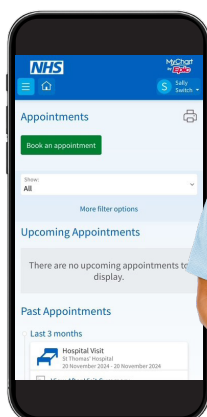
What can you see on MyChart?



- Your test results.



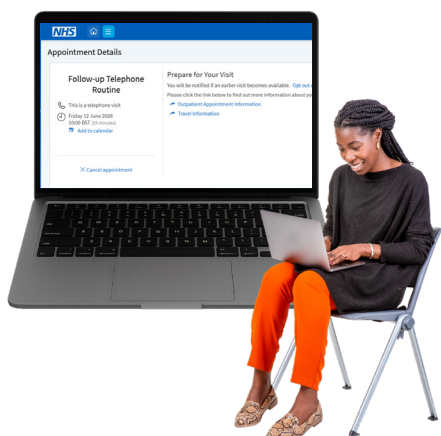
- Letters from your hospital.



- Information about your hospital appointments.



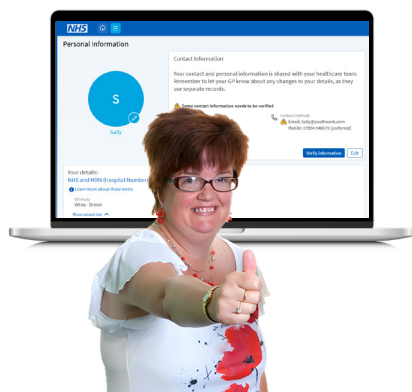
What can you do on MyChart?



- You can see and manage your hospital appointments.



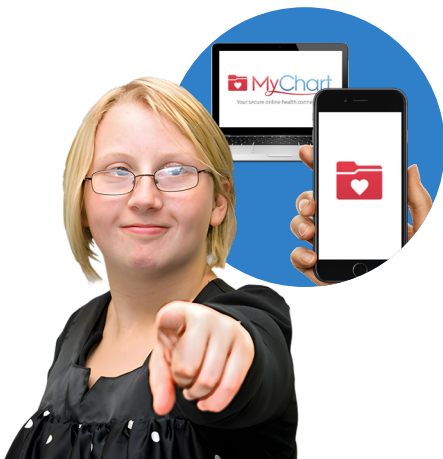
- You can share your health record with your GP.



- You can keep your information up to date.



Who can access your MyChart account?



- You can access your MyChart account.



- You can give someone **proxy access**.

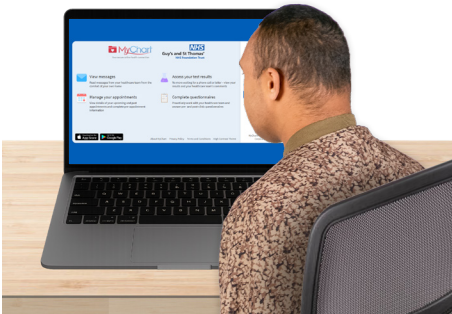
Proxy access means you can give a person you trust access to your health record to help manage your care.



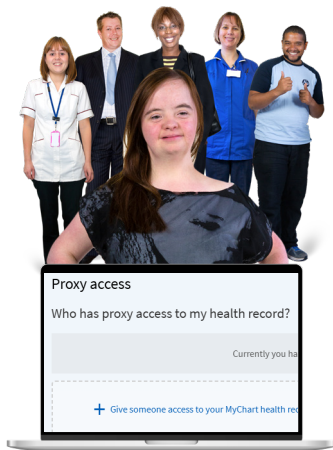
- The person you trust can be a:
 - family member
 - friend
 - carer
 - support worker



How to set up proxy access



- Log into your account and invite the person you trust to have access.



- If you need help to do this, your healthcare team can set this up for you at your next appointment.



Your information is confidential



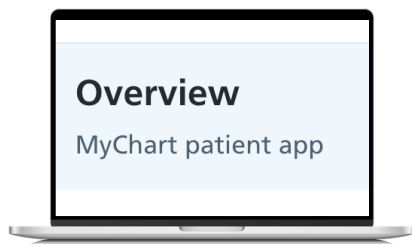
- **Confidential** means no one apart from you, your healthcare team and people you trust can access your information.



- Any information about you on the MyChart app will be safe.



Get help with MyChart



- Go online:

www.guysandstthomas.nhs.uk/mychart



- Call us on:

020 7188 8803



- Email us at:

gsth.mycharhelpdesk@nhs.net

