

## Volunteer Role Description

Hands Up for Health (HUfH) is an innovative learning experience designed for inner-city young people at risk of social and economic disadvantage. Developed by the Simulation and Interactive Learning (SaIL) Centre, at Guy's and St. Thomas' NHS Foundation Trust, it is offered free-of-charge to all non-selective state schools and youth organisations within Lambeth and Southwark. The programme uses hands-on simulation activities, set in a healthcare context and facilitated by inter-professional healthcare volunteers, to engage children and young people in health-related scenarios they can identify with.

The SaIL Centre at St Thomas' Hospital resembles a typical hospital environment and is home to several computer-controlled whole body manikins that breathe, talk, have heart and lung sounds, a measurable pulse, and can even be given drugs and fluids. The centre also has several part-body manikins and simulators that are used to teach various clinical and surgical skills.

The programme aims to:

- Increase enthusiasm and knowledge of science and health;
- Promote well-being and strengthen 'life skills' for employability and positive health behaviours;
- Widen participation to healthcare careers.

**Hands Up for Health is a fun and innovative means by which we bring healthcare to life!**



The key role of volunteers is to:

- Assist with delivering the fun and interactive programme content.
- Engage children and young people.
- Teach and/or facilitate various clinical simulation activities.

Non-essential role is to:

- Assume leadership role for your assigned activities.
- Assist with showing new volunteers the ropes.
- Assist with efforts to promote HUfH locally and recruiting volunteers.



Qualities and skills required:

- Enthusiastic, positive and outgoing personality.
- Confident and patient with children and young people.
- Interest in engaging children and young people in an interactive way.
- Ability to encourage group participation and to approach individuals sensitively.
- Dependable, punctual and responsible.
- Able to work as a member of a team.

Volunteers welcome with and without simulation or teaching experience. All relevant information regarding activities, scenarios and resources will be provided to volunteers in advance of each event. No formal training required. All volunteers receive a certificate for their participation.

Volunteering for Hands Up for Health is a fun and a fulfilling experience. It offers a fantastic opportunity to share your field with inspiring young minds, and to gain experience in education. The programme is well regarded locally for the benefits it brings to children and young people. Skills developed through voluntary work are transferable to many fields supporting career development.

[Simulation and Interactive Learning Centres](#)

Job Title: HUFH Volunteer  
Shift Pattern: Weekdays

Ward/Department: SaIL Centre  
Directorate & Site: MDO, STH

Recruiting Manager: Beth Thomas  
Line Manager: Beth Thomas

Functional Requirement Form		Never	Occasional 0-33% of work time	Frequent 33-66% of work time	Constant 67-100% of work time
<b>A. Physical</b>					
1. Sitting			√		
2. Standing				√	
3. Walking			√		
4. Lifting and handling patients	√				
5. Lifting and handling objects e.g. boxes			√		
6. Push/pull e.g. trolleys	√				
7. Bend/squat/crouch/kneel/crawl			√		
8. Climb/descend stairs			√		
9. Climb ladders/work at height	√				
10. Using hands above shoulder height			√		
11. Twist/spinal rotation			√		
12. Sedentary/ immobile posture	√				
13. Reaching forward			√		
14. Simple grasping/fine manipulation/ manual dexterity			√		
15. Applying hand grip force			√		
16. Typing	√				
17. Writing			√		
18. Operating foot controls	√				
19. Repetitive movement	√				
20. Work in confined spaces*			√		
21. Work within a team					√
<b>B. Psychosocial</b>					
1. Repetitive/complex tasks requiring attention to detail			√		
2. Ability to concentrate/good memory				√	
3. Communication demands (phone/e-mail/face-to-face)			√		
4. Night worker	√				
5. Rotational shift work	√				
6. Requirement to wear personal protective equipment			√		
7. Required to deal with distressing/ challenging situations				√	
8. Requirement to deal with anxious/aggressive people				√	
9. Requirement to work to deadlines			√		
10. Requirement to supervise others			√		
11. Lone work			√		
<b>C. Sensory</b>				<b>Yes</b>	<b>No</b>
1. Good vision essential (with or without glasses)				√	
2. Good colour vision essential					√
3. Good hearing essential (with or without hearing aid(s))				√	
<b>D. Additional screening required pre-commencement</b>				<b>Yes</b>	<b>No</b>
1. Undertaking exposure prone procedures (EPP)/ Renal Dialysis*					√
2. Food handler*					√
3. Exposure to chemical hazards e.g. skin and respiratory irritants (please specify)					√
4. Exposure to physical hazards e.g. vibration, extremes of hot/cold temperature, extreme noise (please specify)					√
5. Exposure to biological hazards e.g. viruses, bacteria, medical waste, animal handling (please specify)					√
6. Classified worker under the Ionising Radiation Regulations					√
<b>E. Additional immunity/screening post commencement</b>				<b>Yes</b>	<b>No</b>
1. Contact with/access to patients					√
2. Contact with/handling clinical specimens					√

## Simulation and Interactive Learning Centres