



Dementia Strategy 2015-2017

SPACER-G Dementia Strategy 2015-2017

- Inspired and based on the DAA and RCN principles for dementia care in hospitals.
- Striving to be a Dementia Friendly Hospital
 - **S** Skilled staff who are informed and have time to care
 - **P** Partnership working with carers
 - **A** Assessment and early identification
 - **C** Care plans that are personalised
 - **E** Environments that are dementia friendly
 - **R** Review
 - **G** Governance

S - Skilled staff who are informed and have time to care

- Dementia Awareness for all staff
 - Barbara's Story
 - All clinical and non clinical staff complete a Dementia Awareness session as part of the corporate and junior doctor induction.
- Dementia Level 2 Training for clinical staff
 - CQUIN target to provide dementia and delirium training to at least 25% of nursing and allied health professional staff on all wards, and 85% on Older Person Unit was achieved in 2015-2016 with plans to continue further training.

P - Partnership working with carers

- Carers will be supported, empowered and involved in the care of the person as much as they wish to be, recognising the benefit to the patient this can bring.
 - **Carer's Survey** helps identify how we can improve our carer support and involvement.
 - **Dementia Information Pack for Carers** provides useful information and guidance to supportive services.
 - **Carer's Passport** encourages and formalises the partnership between staff and carers regarding patient care.

A - Assessment and Early Identification

➤ Dementia Screening.

- All patients over the age of 70 yrs are screened for dementia or memory problems within 72 hours of admission.
- GP is informed via discharge letter of those identified as having potential memory problems for them to consider referral on to local memory clinic.
- 2015-2016 target to screen >90% of this patient group was achieved.

➤ Identification of patients with Dementia

- Trust wide policy to use 'Forget me not' symbol on patient related documentation.
- Blue wristbands

C - Care Plans that are Personalised

- Identifying the patient as a person beyond the dementia diagnosis.
 - Personalised dementia care plans, pain tools, behavioural charts.
 - 'This is Me' document to be completed by family, friends etc providing person-specific information which helps inform and personalise care.
 - Referrals to DaD team with support from other teams including; Frailty, OPAL, STAT.

E - Environments that are Dementia Friendly

- Environmental changes have been made and reviews underway to ensure the Trust is a dementia friendly environment.
 - Examples:
 - Toilet doors in a contrasting colour to walls so easy to identify with pictorial and word signs.
 - Signs at an easy-read height.
 - Visible clocks to encourage time orientation.
 - Matt flooring to prevent floor appearing wet or slippery.

R - Review

- 6th monthly Reality Rounds
- SPACER-G Dementia Audit in progress
 - All clinical inpatient and outpatient areas at Guys and St Thomas' sites and community inpatient departments.
 - Review of knowledge and practice regarding dementia care across the Trust with the aim to understand areas of good practice and where support can be targeted.

G - Governance

- Dementia and Delirium (DaD)
 - Senior dementia lead
 - Clinical nurse specialists
 - DaD Committee
 - DaD Champions
 - Estates strategy involving dementia requirements
 - Regular dementia care updates
 - Membership of local Dementia Action Alliance

Get it Right for Me

Dementia priorities for 2015-17

Guy's and St Thomas' 
NHS Foundation Trust

"I was taken to a special area in A&E. I was seen by lots of people who introduced themselves to me. I was given a cup of tea and something to eat. I was getting muddled but the nurses sat with me and reassured me."

"I was met by a nurse who knew I had dementia. As I was anxious, she contacted my daughter so I could speak to her."

"On the ward I was assessed by nurses, doctors and therapists who introduced themselves and explained to me what they were doing. They spoke to my daughter to gather more information."

"I met the matron and the dementia nurses regularly and they would always answer any queries that I had. My daughter was asked if she had any care needs herself."

"I could find my way to the toilet as there were clear signs with pictures and colour coding so I could find my bed again. I didn't get lost."



1. Skilled staff who are informed and have time to care:

All our staff will have appropriate training in dementia care.

2. Partnership working with carers:

We will involve our carers in all discussions about the person with dementia.

Carers will be supported to be involved in the care of the person with dementia as much as they wish.

3. Assessment and early identification:

Our patients with dementia will be easily recognised through the use of the forget-me-not symbol and the blue wristbands.

All our patients over the age of 70 will be screened for memory problems on admission.

Our patients who identify that they have memory problems will be referred to a memory service via their GP.

4. Care plans that are personalised:

All our patients with dementia will have individualised care plans and will be reviewed by our Matrons or Dementia and Delirium (DaD) clinical nurse specialists.

Our patients with dementia will have a 'This is Me' document that informs staff about their unique needs, preferences, likes, dislikes and interests.

5. Dementia-friendly environments:

Our patients will be cared for in a well designed, dementia-friendly environment.

We will ensure that we minimise the number of times our patients are moved in the Trust.