Pressure Ulcers – Information for Carers

The Facts ...

Did you know:
• Pressure ulcers can affect people of any age
• Many pressure ulcers are preventable
• The care you provide has a direct effect on pressure ulcers
• Early identification will prevent long periods of treatment and discomfort

Know The Pressure Points

How Can You Help

• Be aware – regularly check the skin of residents
• Be careful – how you handle a resident can affect their skin
• Be cautious – if you are concerned about a resident speak to a nurse or GP

Speak to a nurse or doctor if you think you or someone you care for is at risk

If you need more information you can contact:
Zero Pressure Campaign
www.zeropressure.co.uk