



# Your gynaecological cancer team

Welcome to Guy's and St Thomas' NHS Foundation Trust. This leaflet will help you to understand the service we provide, who will be involved in your care, and what support is available to you. The contact details of the health professionals who may be involved in your care are also provided in this leaflet.

Below are the contact details of the gynaecological cancer clinical nurse specialists at Guy's and St Thomas' hospital.

## Clinical nurse specialists (key workers)

Ali Allen (part time)

Lorna Lightbody

Michelle Winser

Marie Smith

**t:** 020 7188 2707

All phone calls will be answered by the clinical nurse specialist (CNS) call centre; they will contact the most appropriate person to deal with your query. There is an answering machine to take your messages out of hours.

## For outpatient appointment queries:

**t:** 020 7188 2695 for surgical outpatient appointments

**t:** 020 7188 1447 for medical outpatient appointments

## Guy's, King's and St Thomas' cancer services nursing support

### Acute oncology:

Patients who are feeling unwell or have a raised temperature of 38°C during a course of chemotherapy must contact acute oncology (AOS) on **020 7188 3754** at any time. From 6.15pm-8.30am and at weekends, calls will be directed to the on-call doctor. A healthcare professional will advise you what to do.

### Research nurses:

Research nurses or trial co-ordinators support patients who wish to participate in clinical research trials. Ask to speak the trials co-ordinator for gynaecology oncology.

**t:** 020 7188 1474    **bleep:** 2266

### **Chemotherapy nurses:**

Chemotherapy nurses care for patients while they receive chemotherapy treatment at Guy's Hospital. **t:** 020 7188 6452

### **Radiotherapy treatment support helpline (Monday to Friday, 8.30am to 5.30pm):**

**t:** 020 7188 4220

## **The multi-disciplinary team (MDT)**

Your team of healthcare professionals consists of doctors, nurses, psychologists, radiographers, social workers and counsellors. They all have experience of working with people with cancer and the central members of the team specialise in caring for women with gynaecological cancer.

Your consultant works closely with the rest of the team to ensure you receive the best care possible. Your consultant has overall responsibility for your care. The consultant caring for you will depend on the treatment you receive. If you go on to receive another type of treatment your consultant may change to a different member of the team.

## **Inpatient care**

There are two oncology wards at Guy's Hospital. At St Thomas' there is a ward for patients having surgery. If you need to be admitted into hospital, your doctors will try to get a bed for you on one of these wards:

### **Samaritan Ward**

8th Floor  
Borough Wing, Guy's Hospital  
**t:** 020 7188 8855

### **Hedley Atkins**

8th Floor  
Borough Wing, Guy's Hospital  
**t:** 020 7188 8854

### **Gynaecology Ward**

8th Floor  
North Wing, St Thomas'  
Hospital  
**t:** 020 7188 2697 / 2704

## **Coming for an outpatient appointment**

The gynaecological cancer team have outpatient clinics at both the Guy's and St Thomas' hospital sites including the Cancer Centre at the Guy's site. You should have received an outpatient appointment card or letter offering more information about what to expect at an outpatient appointment.

Your appointment letter or card, will tell you which hospital and department you need to attend. If it is not clear, please telephone the clinic receptionist or your consultant's secretary. There is a list of contact numbers on page 4 of this leaflet.

At your appointment, you are welcome to bring another person with you. This may be a relative or friend, who can help you to remember the information given to you by the doctor. If you have any questions, it may be helpful to write them down and bring them with you.

## Additional support

Coming into hospital to have investigations or treatments can be a difficult and uncertain time for you and those close to you. It is important to us that you receive the best care and support possible.

You will be given the name of your 'key worker' at your clinic appointment and they will help you with any questions about your care. Your key worker is most likely to be your clinical nurse specialist (CNS), but it could be another nurse or healthcare professional from our team.

### Clinical nurse specialist (CNS) or key worker support

Your CNS is a nurse with skills and experience in caring for women with gynaecological cancer. All patients who attend Guy's and St Thomas' cancer services for treatment will be allocated a CNS/key worker.

Your CNS may be able to help by:

- answering your questions and offering written information about your cancer, investigations, treatments or symptoms
- offering emotional and practical support and advice
- helping you to manage any symptoms or side effects of treatment
- offering advice on how to access extra support at home
- finding you support and information on how to address financial worries
- offering support to friends, relatives and partners
- referring you for additional specialist supportive care and complementary therapies.

### Other health professionals

There are a number of other health professionals in the team who may also be able to help you, either as an inpatient or as an outpatient. These include:

- treatment radiographers
- dietitians
- physiotherapists
- occupational therapists
- counsellors and psychologists
- carers' support team
- chaplaincy.

Please let us know if you would like to contact any of them.

## After your treatment

After your surgery or course of treatment finishes, you will be seen regularly by the doctors and/or nurses to monitor your progress. Follow-up appointments will take place at Guy's Hospital, St Thomas' Hospital or your local hospital. You will be sent the details of your appointment by post. If you need anything in the meantime, contact your CNS/key worker.

## How to contact us

Pages 1 and 2 give contact details for members of the team. The following pages explain who to contact outside of normal hours if you are in need of help or advice. Please do not hesitate to contact us if you have any questions.

If you do not know which member of staff you should call, your consultant's secretary or your nurse specialist may be able to help. If at any time you feel you have not had enough information, or we are not meeting your needs, please let us know.

## Out of hours contact details

The gynaecological oncology team are available Monday to Friday between 9am and 5pm. If you are in need of urgent advice at any other time, please follow the advice below:

### If you are under the care of chemotherapy and radiotherapy consultants:

- Dr Montes
- Dr Tse
- Dr Winship

Call **020 7188 7188** ask for the **oncology registrar** on call.

### If you are under the care of consultant surgeons:

- Mr Lane
- Mr Nath
- Mr Mehra
- Mr. Sayasneh

Your out-of-hours GP should be your first point of contact. If this is unsuccessful, and you have recently had surgery, you can call **020 7188 2697** for the gynaecology ward. In an emergency, go to your local accident and emergency (A&E) department or dial 999.

## Other members of the gynaecological cancer team

### Team co-ordinator of gynaecological team (general enquiries)

**t:** 020 7188 2695

### Clinic clerks/receptionists (appointment queries):

McNair Centre, Guy's Hospital	<b>t:</b> 020 7188 3585
Medical Oncology, Guy's Hospital	<b>t:</b> 020 7188 3756
Clinical Oncology, St Thomas' Hospital	<b>t:</b> 020 7188 1460

### Treatment support radiographers:

Cancer Centre at Guy's	<b>t:</b> 020 7188 4220
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### Other useful numbers:

Gynaecological admissions	<b>t:</b> 020 7188 0543
Palliative care nurses	<b>t:</b> 020 7188 4754
Research nurses (clinical trials)	<b>t:</b> 020 7188 0152
McNair Women's Service's department	<b>t:</b> 020 7188 3584

### Consultant gynaecological oncologists (surgeons):

Mr Lane / Mr Nath / Mr Mehra / Mr Sayasneh	<b>t:</b> 020 7188 2695 / 3685
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**Consultant clinical oncologists:**

Dr Winship / Dr Tse **t:** 020 7188 1447

**Consultant medical oncologists:**

Dr Montes **t:** 020 7188 4244

## Your local gynaecological cancer nurse specialists (CNS)

**Lewisham University Hospitals:** Saran Sylla

**t:** 020 8333 3000 ext 6858 **Urgent enquiry:** 020 7333 3000 and ask for bleep 177

**Princess Royal University Hospital (PRUH):** Lisa Lee

**t:** 01689 864908 bleep 212 **Urgent enquiry:** 01689 863000 and ask to 'aircall'

**Queen Elizabeth Hospitals (Woolwich):** Margaret Kent and Tina Garcia

**t:** 020 8836 4511 bleep 477

**King's College Hospital (Denmark Hill):** Sam Smith

**t:** 020 3299 4000 extension 2168

## Information and support organisations

**Dimbleby Cancer Care**

**t:** 0207 188 5918 **w:** [www.dimblebycancercare.org](http://www.dimblebycancercare.org)

**Macmillan Cancer Support (freephone)**

**t:** 0808 808 0000 **w:** [www.macmillan.org.uk](http://www.macmillan.org.uk)

**College of Sexual and Relationship Therapists**

**t:** 020 8543 2707 **w:** [www.cosrt.org.uk](http://www.cosrt.org.uk)

**Cancer Research UK**

**t:** 0808 800 4040 **w:** [www.cancerhelp.org.uk](http://www.cancerhelp.org.uk)

**Daisy Network** **w:** [www.daisynetwork.org.uk](http://www.daisynetwork.org.uk)

**Health Talk Online**

Database of videos and audio recordings of individual patient experiences of cancer

**w:** [www.healthtalkonline.org](http://www.healthtalkonline.org)

**Jo's Trust (for cervical cancer)** **w:** [www.jostrust.org.uk](http://www.jostrust.org.uk)

**Ovacome (for ovarian cancer)**

**t:** 0800 008 7054 **w:** [www.ovacome.org.uk](http://www.ovacome.org.uk)

**Target Ovarian Cancer** **t:** 020 7923 5475 **w:** [www.targetovarian.org.uk](http://www.targetovarian.org.uk)

**The Eve Appeal** **t:** 0808 802 0019 **w:** <https://eveappeal.org.uk/>

**The RV Club (for vulval cancer)** **t:** 01977 640243



**Dimbleby Cancer Care** provides cancer support services for Guy's and St Thomas'. We have a drop-in information area staffed by specialist nurses and offer complementary therapies, psychological support and benefits advice for patients and carers.

Dimbleby Cancer Care is located in the Welcome Village of the Cancer Centre at Guy's. **t:** 020 7188 5918 **e:** [DimblebyCancerCare@gstt.nhs.uk](mailto:DimblebyCancerCare@gstt.nhs.uk)

Guy's and St Thomas' hospitals offer a range of cancer-related information leaflets for patients and carers, available at [www.guysandstthomas.nhs.uk/cancer-leaflets](http://www.guysandstthomas.nhs.uk/cancer-leaflets). For information leaflets on other conditions, procedures, treatments and services offered at our hospitals, please visit [www.guysandstthomas.nhs.uk/leaflets](http://www.guysandstthomas.nhs.uk/leaflets)

### Pharmacy Medicines Helpline

If you have any questions or concerns about your medicines, please speak to the clinical nurse specialist or other member of staff caring for you or call our helpline.

**t:** 020 7188 8748 9am to 5pm, Monday to Friday

### Your comments and concerns

For advice, support or to raise a concern, contact our Patient Advice and Liaison Service (PALS). To make a complaint, contact the complaints department.

**t:** 020 7188 8801 (PALS) **e:** [pals@gstt.nhs.uk](mailto:pals@gstt.nhs.uk)

**t:** 020 7188 3514 (complaints) **e:** [complaints2@gstt.nhs.uk](mailto:complaints2@gstt.nhs.uk)

### Language and Accessible Support Services

If you need an interpreter or information about your care in a different language or format, please get in touch:

**t:** 020 7188 8815 **e:** [languagesupport@gstt.nhs.uk](mailto:languagesupport@gstt.nhs.uk)

### NHS 111

Offers medical help and advice from fully trained advisers supported by experienced nurses and paramedics. Available over the phone 24 hours a day. **t:** 111

### NHS Choices

Provides online information and guidance on all aspects of health and healthcare, to help you make choices about your health. **w:** [www.nhs.uk](http://www.nhs.uk)

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