Membership form

Name:
Address:

Telephone:
Email:
Date:

Please hand your completed membership form to a member of the Cardiovascular Rehabilitation Team, or return it to:
Group Secretary
Guy's and St Thomas' Cardiac Support Group
25 St Matthews Road
London SW2 1NE
t: 020 3305 9366 | 020 8699 6247
m: 07973 152 269
e: yeahcsuk@hotmail.co.uk

As we are a self-supporting group, there is a small entrance donation agreed by members (currently at a minimum of £1 per meeting).

We look forward to hearing from you.

Further information
Pharmacy Medicines Helpline
If you have any questions or concerns about your medicines, please speak to the staff caring for you or call our helpline.
t: 020 7188 8748 9am to 5pm, Monday to Friday

Your comments and concerns
For advice, support or to raise a concern, contact our Patient Advice and Liaison Service (PALS). To make a complaint, contact the complaints department.
t: 020 7188 8801 (PALS) e: pals@gstt.nhs.uk
t: 020 7188 3514 (complaints) e: complaints2@gstt.nhs.uk

Language and accessible support services
If you need an interpreter or information about your care in a different language or format, please get in touch. t: 020 7188 8815 e: languagesupport@gstt.nhs.uk

Cardiac support group
Affiliated to the British Heart Foundation

This leaflet explains more about the Guy's and St Thomas’ Cardiac Support Group, which provides continued support following the completion of the rehabilitation programme.
Why should I join the Cardiac Support Group?
Many people who have a heart problem need further help and support following their recovery. Joining our support group will enable you to feel less alone when dealing with these issues.

Why not join us at our next meeting?
Partners, a friend or a family member are most welcome.

We are dedicated to health education and offer support, companionship, social events and the expertise of a number of specialist speakers.

Our group was formed in 1992 and is run by former patients – people who had or have similar problems to you.

Cardiovascular Rehabilitation Team
A member of the Cardiovascular Rehabilitation Team is available 30 minutes before the start of each meeting. Their contact number is: 020 7188 0946

Support Group Team
Honorary President and founder: The late Dr Graham Jackson

President: Dr James Coutts - Consultant Cardiologist, St Thomas' Hospital

Chair: Maureen Simpson
Vice Chairs: Pauline Lean
Eddie Murphy

Membership Admin:
Melmarie Laccay

Treasurer: Carole Barrett
Treasurer Elect: Simon Petty

Meetings
Where?
Cardiac Outpatients 1st Floor (Southwark Wing)
Guy's Hospital
Great Maze Pond
London SE1 9RT

When?
Meetings are normally held on the second Monday of each month at 7pm.

You will receive a full programme with your welcome letter.

Programme
There is a varied programme of speakers throughout the year.

For information on the programme, please contact Pauline Lean, our Support Group Vice Chair:

t: 020 8699 6247
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