

## Words of comfort

Come to me all you who are weary and burdened, and I will give you rest.

Matthew 11:28

That which gives the greatest solace in the midst of the fire is God.

Gandhi

In God's eye there is no rejected person.

Lao Tze

Even now I am full of hope, but the end lies in God.

Pindar Pindar

On no soul do we place a burden greater than it can bear.

Qur'an 2:286

The good life is one inspired by love and guided by knowledge. Neither love without knowledge, nor knowledge without love can produce a good life.

Bertrand Russell

Chaplaincy team members, will ask for verbal consent from patients, for a visit, and for recording a visit in the patient's notes.

## Your comments and concerns

For advice, support or to raise a concern, contact our Patient Advice and Liaison Service (PALS). To make a complaint, contact the complaints department. **t:** 020 7188 8801

(PALS), **e:** [pals@gstt.nhs.uk](mailto:pals@gstt.nhs.uk)

**t:** 020 7188 3514 (complaints)

**e:** [complaints2@gstt.nhs.uk](mailto:complaints2@gstt.nhs.uk)

## Contact us

You can find us at the Chaplaincy Office at St Thomas' Hospital, (First Floor, South Wing), or Guy's Hospital, (Third Floor, Bermondsey Wing (Guy's Tower)).

For visits, spiritual or religious resources, or more information, please contact,

**t:** 020 7188 5588, or

**e:** [chaplains@gstt.nhs.uk](mailto:chaplains@gstt.nhs.uk),

or ask your nurse to call a chaplain.

If your request is urgent, please ask the ward staff to call the on-call chaplain for support and advice, via the hospital switchboard.

For more information leaflets on procedures, treatments and services offered at our hospitals, please visit **w:** [www.guysandstthomas.nhs.uk/leaflets](http://www.guysandstthomas.nhs.uk/leaflets)

## Language and accessible support services

If you need an interpreter or information about your care in a different language or format, please get in touch.

**t:** 020 7188 8815

**e:** [languagesupport@gstt.nhs.uk](mailto:languagesupport@gstt.nhs.uk)

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# The Spiritual Health Care Team



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A list of sources is available on request

## Need to talk?

The Spiritual Health Care Team support people of all faiths and beliefs, or people with no faith, who would like someone to talk to. We are happy to meet patients and families or friends who would find this helpful.

## We're here for everyone

We represent many denominations and beliefs including: Baha'i, Buddhist, Christian (Church of England, Free Church, Pentecostal, Roman Catholic), Hindu, Humanist, Jewish, Muslim and Sikh. We also have links to religious, belief and cultural groups in the community.

You might find it helpful to register your faith or belief when you arrive at hospital. This can be done when you give your contact details or speak to your nurse. We may be able to arrange spiritual support for community inpatients.

### Christianity

Chaplains can bring you a bible, communion or arrange rites or prayers at your ward bedside, please ask.

In St Thomas' Chapel, there is weekly communion on Wednesdays at 12.15pm, and Mass on Sundays at 4.30pm.

### Buddhism

There are regular Buddhist meditations held in the Prayer Rooms at Guy's and St Thomas' Hospitals. Individual visits can be arranged.

### Hinduism

Regular visits and telephone advice can be arranged. Please ask.

### Humanism

Non-Religious/Humanist Chaplains are available for visits if you would like to discuss your concerns with someone who shares a non-religious world view.

### Islam

Friday Muslim Prayers are held at Guy's and St Thomas' Hospitals. Male and female chaplains are available for arranged ward visits and religious advice.

### Judaism

There are Shabbat provisions available at St Thomas' and Guy's Hospitals. Male and female chaplains are available for ward visits and religious advice.

### Sikhism

Regular visits and telephone advice can be arranged. Please ask.

### No particular faith or belief

If you would like a chaplaincy visit, any chaplain would be pleased to visit you.

## Spiritual care at Guy's Hospital

### The Chapel

The chapel is situated off St Thomas' Street. It is open for quiet prayer and reflection, Monday to Friday, 9am-5pm.

## Multi-faith prayer rooms

Multi-faith prayer, belief and reflection rooms are open Monday to Saturday. They are on the Ground Floor of Tower Wing. Washing facilities are next door.

## Spiritual care at St Thomas' Hospital

### The Chapel

The chapel is on the First Floor of South Wing. It is open every day for quiet prayer and reflection, from 7am-8pm.

## Multi-faith prayer rooms

Multi-faith prayer, belief and reflection rooms are open daily. They are on the Ground Floor of South Wing. Washing facilities are next door.

## The team

The members of the Spiritual Health Care Team work together to give spiritual care to patients, families or friends of all faiths and beliefs, as well as people who do not have a particular allegiance.

Please let us know if you would like any spiritual care resources such as a prayer mat, Bible, Qur'an, cross, rosary, prayer beads or any other appropriate resource. We will do our best to give this to you.

If you wish to continue receiving spiritual support after you leave hospital, please speak to us and we will try to put you in touch with the relevant group.