

# Speech and language therapy

Southwark, Lambeth and  
Lewisham Community Learning  
Disabilities Health Team



An easy read guide

## What does the speech and language team do?



The speech and language therapy team can help if you have difficulty understanding things or telling other people things.



The speech and language therapy team can help if you have problems with eating and drinking.

## How the team can help with telling people things and understanding



We can find out what you understand and what you find harder to understand.



We can help you to tell things to other people.



We can help you to understand what other people are telling you.

## How the team can help you with eating and drinking



We can help you with your eating and drinking if you are having problems chewing or swallowing.



We can help you to eat and drink more safely.

## How the team can help your family or carer help you



We can teach other people how to help you to understand things and tell people what you want.



We can teach other people how to help you communicate or eat and drink more safely.

## How to contact the Southwark and Lambeth team



**You can write to us**  
121 Townley Road  
East Dulwich  
London, SE22 8SW



**You can call us**  
020 3049 7518



**You can email us**  
[gst-tr.AWLDHealthTeam@nhs.net](mailto:gst-tr.AWLDHealthTeam@nhs.net)

## How to contact the Lewisham team



### You can write to us:

First Floor  
Old Town Hall  
Catford  
London  
SE6 4RU



### You can call us:

020 3989 0550



### You can email us

[gst-tr.AWLDHealthTeam@nhs.net](mailto:gst-tr.AWLDHealthTeam@nhs.net)

If you prefer, you can ask a friend, carer or health professional to call the team for you.

## **Your comments and concerns**

For advice, support or to raise a concern, contact our Patient Advice and Liaison Service (PALS).

**phone:** 020 7188 8801

**email:** [pals@gstt.nhs.uk](mailto:pals@gstt.nhs.uk)

## **Language and accessible support services**

If you need an interpreter or information about your care in a different language or format, please get in touch.

**phone:** 020 7188 8815

**email:** [languagesupport@gstt.nhs.uk](mailto:languagesupport@gstt.nhs.uk)

## **NHS website**

Provides online information and guidance on all aspects of health and healthcare, to help you make choices about your health. **web:** [www.nhs.uk](http://www.nhs.uk)

**Leaflet number: 3797/VER3**

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