



St John's Institute of Dermatology

The melanoma clinic at St John's Institute of Dermatology

You have been referred by your GP or local hospital to the melanoma clinic at Guy's and St Thomas' Hospital NHS Foundation Trust for investigation or treatment for a suspected or confirmed melanoma (a type of skin cancer).

This leaflet provides information about the clinic and tells you how to contact some of the people who may be caring for you.

What is the melanoma clinic?

The melanoma clinic is part of the St John's Institute of Dermatology at Guy's and St Thomas' NHS Foundation Trust. It has a multidisciplinary team of health care professionals specialising in melanoma including dermatologists (skin specialists), plastic surgeons, oncologists (cancer specialists), dermatopathologists (specialists in diagnosing skin samples under a microscope), skin cancer clinical nurse specialists, a research nurse and a clinical trials coordinator. A clinical psychologist is available for consultations. There is also a team of outpatient clinic nurses available to help you and to coordinate your clinic visit.

The clinic is held on Thursday mornings between 9am and 2pm. To be seen at the clinic, patients must be referred by their GP or local hospital.

St John's Institute of Dermatology has an international reputation for the investigation and treatment of all forms of skin cancers. Research into melanoma prevention and treatment is a key part of what we do. We may ask you if you would like to participate in research studies to help us understand melanoma and treat the disease more effectively.

Where to find us

The dermatology outpatient department is situated within St John's Institute of Dermatology at Guy's Hospital in the following location:

Ground Floor
Bermondsey Wing
Guy's Hospital
Great Maze Pond
London SE1 9RT

For more information on visiting Guy's and St Thomas' hospitals, please go to:
www.guysandstthomas.nhs.uk/visiting.

Useful sources of information

Listed below are some members of the melanoma clinic team.

Clinical nurse specialists

All patients are allocated a skin cancer clinical nurse specialist (CNS) who is trained in skin cancer and has skills, knowledge and experience to support you with your diagnosis. They can provide information and emotional support to you and your family from your first clinic appointment and throughout your treatments. They can also help by liaising between patients, relatives, GPs and hospital doctors.

You can contact the clinical nurse specialist (CNS) team on **t:** 020 7188 4901, Monday to Friday, 8am to 4.30pm. You will need to leave a message with a small team of call centre operators, but your call will be returned as soon as possible. If your CNS is not available, you will be contacted by another member of the team.

Clinical psychologists

There are two part-time clinical psychologists available for all patients with skin cancer. A diagnosis of melanoma can have a big impact on patients and those close to them. Sometimes it is hard to talk with family and friends about your diagnosis and so it can be helpful to talk with a professional. The psychologists will help you to talk through your thoughts and feelings about your situation with the aim of helping you to live better with your diagnosis and reduce distress. They will try to understand the impact of the diagnosis and treatment on your life and can share helpful ideas and skills where needed. The psychologists are also available to provide support for family members during and following your care.

t: 020 7188 7188 (ext 51874), Monday to Tuesday, 9am to 5pm.

Patient pathway coordinators

For non-medical queries and appointments.

t: 07500 814 965 / 07918 338 718, Monday to Friday, 9am to 5pm

Contact us

For the melanoma clinic and appointment enquiries please telephone the patient pathway coordinator on **t:** 07500 814 965 / 07918 338 718. Please leave your name and telephone number and you will be contacted as soon as possible.

For more information leaflets on conditions, procedures, treatments and services offered at our hospitals, please visit **w:** www.guysandstthomas.nhs.uk/leaflets

Pharmacy Medicines Helpline

If you have any questions or concerns about your medicines, please speak to the staff caring for you or call our helpline. **t:** 020 7188 8748, Monday to Friday, 9am to 5pm

Your comments and concerns

For advice, support or to raise a concern, contact our Patient Advice and Liaison Service (PALS). To make a complaint, contact the complaints department.

t: 020 7188 8801 (PALS) **e:** pals@gstt.nhs.uk

t: 020 7188 3514 (complaints) **e:** complaints2@gstt.nhs.uk

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A list of sources is available on request