

# Your holiday dialysis at Guy's and St Thomas' dialysis centres

This leaflet explains more about having holiday dialysis (sometime referred to as dialysis away from base) at a dialysis centre managed by Guy's and St Thomas' Hospitals.

## Who can receive holiday dialysis?

We welcome enquiries for holiday dialysis from kidney patients currently receiving dialysis at an NHS centre in the UK, or visiting non-NHS or private patients. **Acceptance for dialysis will depend on the availability of space at your desired centre on your preferred dates as well as your clinical suitability.**

As we are an adult service, we cannot accept patients under the age of 16 years. Patients aged 16 or 17 may be accepted, providing a responsible adult can be present during treatment.

## Where can I go for holiday dialysis?

Our dialysis centres offer safe, high-quality care in a comfortable, friendly and relaxed atmosphere.

We offer holiday dialysis at the following locations:

### **Borough Kidney Treatment Centre**

46 Long Lane, London SE1 4AU

t: 020 7188 5188

- Nearest public transport links are London Bridge National Rail, underground and bus station, and Borough underground station (10 to 15 minutes walk to the centre)
- There is an NCP car park at the junction of Snowfields and Kipling Street, about a five minute walk to the centre. Charges apply. Please note that the centre is within the congestion charging zone.
- Opening times are Monday to Saturday, 7am to 11pm

### **Camberwell Dialysis Unit**

Chartwell Business Park, 61 – 65 Paulet Road, London SE5 9HW

t: 020 738 5604

- Nearest public transport links are Denmark Hill or Loughborough National Rail stations, (20 minutes walk to the unit); local buses run near to the unit
- Opening times are Monday to Saturday, 7am to 9pm
- Limited car parking is available subject to availability

### **New Cross Gate Dialysis Unit**

Unit A, Ewen Henderson Court, 40 Goodwood Road, London SE14 6BL

t: 020 7188 7091

- Nearest public transport links are New Cross and New Cross Gate National Rail and underground stations (10 to 15 minutes' walk to the unit); local buses run near to the unit
- Opening times are Monday to Saturday, 7am to 9pm
- Street parking is available subject to availability

### **Tunbridge Wells Kidney Treatment Centre**

Abbey Court, 7 – 15 St Johns Road, Tunbridge Wells, Kent TN4 9TE

t: 01892 531 645

- Nearest public transport links are Tunbridge Wells National Rail station (please note that the centre is a mile **up** the hill from the train station); local buses run near to the centre
- Limited car parking is available
- Opening times are Monday to Saturday, 7am to 9pm

#### **Please note**

**All our dialysis centres are run by nurses that specialise in dialysis care and there are no doctors present on any of the sites. In case of an emergency, we will call 999.**

**We cannot offer holiday dialysis at Guy's or St Thomas' Hospitals.**

### **Does it cost anything?**

There is no charge for NHS patients wishing to dialyse in our centres. Certain countries, such as Australia and countries within the EU, have an agreement with the NHS, meaning there is no direct charge to patients. To find out if you are eligible for NHS treatments, please contact our holiday coordinator – contact details are at the end of this leaflet.

The cost for private patients and patients who are not eligible for NHS treatment is £300 per dialysis session.

### **Can I have transport to and from dialysis?**

If you meet the eligibility criteria for having NHS transport provided to and from dialysis sessions at your home unit, you should be able to receive transport free of charge while you are visiting our dialysis centres. Please enquire when making your booking.

### **What do I need to bring with me?**

We recommend that you bring a packed lunch or snack with you as we do not provide meals. Tea, toast and cold drinks are available. Some patients find a small blanket useful.

Each dialysis station has a television that you can watch with personal headphones. Free WiFi access is available if you wish to bring a mobile device.

### **Can family and friends visit me?**

There are no set visiting times so please check with the staff at the centre who can advise you.

## Useful sources of information

**National Kidney Federation** – For an introduction to holidays for kidney patients

t: 0845 601 02 09    w: [www.kidney.org.uk/help/holidays/holidays-tips/](http://www.kidney.org.uk/help/holidays/holidays-tips/)

**Dialysis Freedom** – For information about UK dialysis holidays

t: 01509 808 668    w: [www.dialysisfreedom.co.uk](http://www.dialysisfreedom.co.uk)

### Contact us

If you wish to attend one of our centres for holiday dialysis, please contact our holiday dialysis coordinator by email: [holidaydialysis@gstt.nhs.uk](mailto:holidaydialysis@gstt.nhs.uk)

Bookings should be made at least four weeks in advance. When you contact us, we will send you all the necessary documentation. When we have received the completed documents, we will confirm your booking.

For more information about our dialysis services, please visit our website:  
[www.gstt.nhs.uk/our-services/kidney](http://www.gstt.nhs.uk/our-services/kidney)

For more information leaflets on conditions, procedures, treatments and services offered at our hospitals, please visit [www.guysandstthomas.nhs.uk/leaflets](http://www.guysandstthomas.nhs.uk/leaflets)

### Pharmacy Medicines Helpline

If you have any questions or concerns about your medicines, please speak to the staff caring for you or call our helpline.

t: 020 7188 8748 9am to 5pm, Monday to Friday

### Your comments and concerns

For advice, support or to raise a concern, contact our Patient Advice and Liaison Service (PALS). To make a complaint, contact the complaints department.

t: 020 7188 8801 (PALS)    e: [pals@gstt.nhs.uk](mailto:pals@gstt.nhs.uk)

t: 020 7188 3514 (complaints)    e: [complaints2@gstt.nhs.uk](mailto:complaints2@gstt.nhs.uk)

### Language and accessible support services

If you need an interpreter or information about your care in a different language or format, please get in touch:

t: 020 7188 8815    e: [languagesupport@gstt.nhs.uk](mailto:languagesupport@gstt.nhs.uk)

### NHS 111

Offers medical help and advice from fully trained advisers supported by experienced nurses and paramedics. Available over the phone 24 hours a day.

t: 111

### NHS Choices

Provides online information and guidance on all aspects of health and healthcare, to help you make choices about your health.

w: [www.nhs.uk](http://www.nhs.uk)

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