

Klinefelter syndrome multi-specialty clinic

This leaflet explains more about Klinefelter syndrome multi-specialty clinic. If you have any further questions, please speak to a doctor or nurse caring for you.

What is Klinefelter syndrome multi-specialty clinic?

The Klinefelter syndrome multi-specialty clinic is for patients diagnosed with Klinefelter (XXY) syndrome.

Klinefelter syndrome (sometimes called Klinefelter's, KS or XXY) is where boys and men are born with an extra X chromosome. Klinefelter Syndrome affects one in 500 men and is one of the most common disorders of chromosomes from birth.

This is a one-stop clinic that covers all important aspects of the disease, with specialists in genetics, endocrinology, urology, reproductive medicine and radiology available to see and counsel you through the various aspects of the condition. A nurse counsellor is present to address any other personal concerns you may have.

You may have an ultrasound of the scrotum so please wear comfortable clothing. Blood tests may also be done. A semen sample may also be required so abstinence from sex for at least 48 hours is advised.

A personalised management plan is agreed for you to keep and a copy is sent to your GP or the clinician who referred you. Attending a one-stop clinic means we can ensure that all your concerns and issues are addressed at just one appointment. A member of the Klinefelter Syndrome Association (see link below) may be present who may be able to give a personal view on living with Klinefelter Syndrome.

Important

You will see a few specialists and will have a number of tests on the same day. So it is important to arrive promptly at 9am and allow up to three hours for your appointment.

Who can attend the service?

Any patient who is newly diagnosed with Klinefelter syndrome can attend. Also patients who have already been diagnosed and have fertility, endocrine and/or genetic counselling concerns. You are welcome to bring your partner with you to your appointment.

Where do I need to go?

The clinic is at the Tabard outpatients of Guy's Hospital (Ground Floor). It is next to the Minor Injuries Unit and is clearly signposted. Patient transport is available for those patients who are eligible for this.

Does it cost anything?

No the clinic does not cost anything

What do I need to bring with me?

Please bring along all previous clinical letters about the condition including blood tests, semen analysis results and genetics results.

Useful sources of information

The Klinefelter Syndrome Association - www.ksa-uk.net offers support and information to all affected by, or having an interest in, Klinefelter's Syndrome (KS) and XXY

Contact us

If you have any questions or concerns about the **Klinefelter Syndrome Multi-Specialty Clinic**, please contact our andrology nurse specialist at Guy's **t:** 07717 346821, Monday to Friday, 9am to 5pm.

For more information leaflets on conditions, procedures, treatments and services offered at our hospitals, please visit **w:** www.guysandstthomas.nhs.uk/leaflets

Pharmacy Medicines Helpline

If you have any questions or concerns about your medicines, please speak to the staff caring for you or call our helpline. **t:** 020 7188 8748, Monday to Friday, 9am-5pm

Your comments and concerns

For advice, support or to raise a concern, contact our Patient Advice and Liaison Service (PALS). To make a complaint, contact the complaints department.

t: 020 7188 8801 (PALS) **e:** pals@gstt.nhs.uk

t: 020 7188 3514 (complaints) **e:** complaints2@gstt.nhs.uk

Language and accessible support services

If you need an interpreter or information about your care in a different language or format, please get in touch. **t:** 020 7188 8815 **e:** languagesupport@gstt.nhs.uk

NHS 111

Offers medical help and advice from fully trained advisers supported by experienced nurses and paramedics. Available over the phone 24 hours a day. **t:** 111 **w:** 111.nhs.uk

NHS website

Online information and guidance on all aspects of health and healthcare, to help you take control of your health and wellbeing. **w:** www.nhs.uk

Was this leaflet useful?

We want to make sure the information you receive is helpful to you. If you have any comments about this leaflet, we would be happy to hear from you, fill in our simple online form, **w:** www.guysandstthomas.nhs.uk/leaflets, or **e:** patientinformationteam@gstt.nhs.uk

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A list of sources is available on request