



Your multidisciplinary team and your key worker (specialist nurse) – supporting you during your testicular cancer treatment

We have given you the enclosed information because we think you will find it helpful.

If you would like more information on your condition or treatment, or have any questions or concerns, please speak to the doctor or nurse caring for you. Alternatively, please get in touch using the contact details over the page.

Your multi-disciplinary team

Your care is managed by a multidisciplinary team (MDT). This means that a range of staff, including the following, are involved in your treatment:

- urologists (doctors who specialise in the male and female urinary tract and the male reproductive organs)
- oncologists (doctors who specialise in treating people with cancer)
- radiologists (doctors who use x-rays to diagnose and treat illnesses)
- pathologists (look at body fluids and tissues to study the nature and causes of diseases)
- specialist nurses (nurses dedicated to a particular area of nursing).

The team meets to discuss every patient when they are diagnosed to ensure that everyone is offered the best treatment for their individual needs, including clinical trials where appropriate. This is called an MDM or multidisciplinary meeting.

Specialist nurses can be contacted for advice, information and support during your cancer treatment. This information sheet lets you know who your main contact from that team will be (called your 'key worker') and how to contact them to talk or ask any questions you may have. You can email or phone your key worker or arrange a time to meet her in person.

Contact us

Your key worker is:

- Linda Gomm** bleep: 2841 e: renaltestescns@gstt.nhs.uk
- Lesley Cooper** bleep: 1133 e: renaltestescns@gstt.nhs.uk

Any member of the team will be happy to help you if your key worker is not available. Our email addresses are listed above or you can call us on **020 7188 7823**. This is the CNS call centre. They will take your message and forward to the CNS team to action. We aim to get back to you within 24 hours (except weekends and bank holidays when we will contact you the next working day).

If you need to contact your specialist nurse urgently within office hours, please call the bleep desk on **020 7188 3026** and ask for the bleep number (listed above) of the nurse you want to speak to.

Please leave your phone number and hospital number (so we can access your hospital information).

Your hospital number is: _____

Guy's and St Thomas' hospitals offer a range of cancer-related information leaflets for patients and carers, available at www.guysandstthomas.nhs.uk/cancer-leaflets. For information leaflets on other conditions, procedures, treatments and services offered at our hospitals, please visit www.guysandstthomas.nhs.uk/leaflets



**Dimbleby
Cancer
Care**

Dimbleby Cancer Care provides cancer support services for Guy's and St Thomas'. We have a drop-in information area staffed by specialist nurses and offer complementary therapies, psychological support and benefits advice for patients and carers.

Dimbleby Cancer Care is located in the Welcome Village of the Cancer Centre at Guy's. **t:** 020 7188 5918 **e:** DimblebyCancerCare@gstt.nhs.uk

Pharmacy Medicines Helpline

If you have any questions or concerns about your medicines, please speak to the clinical nurse specialist or other member of staff caring for you or call our helpline.

t: 020 7188 8748 9am to 5pm, Monday to Friday

Your comments and concerns

For advice, support or to raise a concern, contact our Patient Advice and Liaison Service (PALS). To make a complaint, contact the complaints department.

t: 020 7188 8801 (PALS) **e:** pals@gstt.nhs.uk

t: 020 7188 3514 (complaints) **e:** complaints2@gstt.nhs.uk

Language and accessible support services

If you need an interpreter or information about your care in a different language or format, please get in touch:

t: 020 7188 8815 **e:** languagesupport@gstt.nhs.uk

NHS 111

Offers medical help and advice from fully trained advisers supported by experienced nurses and paramedics. Available over the phone 24 hours a day.

t: 111

NHS Choices

Provides online information and guidance on all aspects of health and healthcare, to help you make choices about your health.

w: www.nhs.uk

Get involved and have your say: become a member of the Trust

Members of Guy's and St Thomas' NHS Foundation Trust contribute to the organisation on a voluntary basis. We count on them for feedback, local knowledge and support. Membership is free and it is up to you how much you get involved. To find out more, and to become a member:

t: 0800 731 0319 **e:** members@gstt.nhs.uk **w:** www.guysandstthomas.nhs.uk/membership

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A list of sources is available on request

