



# Your multidisciplinary team and your key worker (specialist nurse) – supporting you during your testicular cancer treatment

If you would like more information on your condition or treatment, or have any questions or concerns, please speak to the doctor or nurse caring for you. Alternatively, please get in touch using the contact details at the end of this leaflet.

## Your multidisciplinary team (MDT)

Your care is managed by an MDT. This means that a range of staff are involved in your treatment, including:

- urologists (specialists in the urinary tract and the male reproductive organs)
- oncologists (specialists in treating people with cancer)
- radiologists (doctors who use X-rays to diagnose and treat illnesses)
- pathologists (specialists who look at body fluids and tissues to study the nature and causes of diseases)
- specialist nurses (nurses dedicated to a particular area of nursing).

The team meets to discuss each patient when they are diagnosed, to make sure that everyone is offered the best treatment for their individual needs, including clinical trials where appropriate. This is called a multidisciplinary meeting (MDM).

Specialist nurses can be contacted for advice, information and support during your cancer treatment. This leaflet lets you know who your main contact (key worker) from that team will be, and how to contact them to talk or ask any questions you may have. You can email or phone your key worker or arrange a time to meet them in person.



**Guy's and St Thomas'**  
NHS Foundation Trust

## Contact us

Your key worker is:

- Selina Banfield**, bleep: 2841, **e:** [renaltestescns@gstt.nhs.uk](mailto:renaltestescns@gstt.nhs.uk)
- Lesley Cooper**, bleep: 1133 **e:** [renaltestescns@gstt.nhs.uk](mailto:renaltestescns@gstt.nhs.uk)

If you need to contact your specialist nurse urgently within office hours, please call the bleep desk, **t:** 020 7188 3026 and ask for the bleep number of the nurse you want to speak to and wait for a response. This will connect you to the [insert person directly

Any member of the team will be happy to help you if your key worker is not available. Our email addresses are listed above or you can call us, **t:** 020 7188 7823. This is the CNS call centre. They will take your message and forward to the CNS team to action. We aim to get back to you within 24 hours (except weekends and bank holidays when we will contact you the next working day).

Please leave your phone number and hospital number (so we can access your hospital information).

Your hospital number is .....

Guy's and St Thomas' hospitals offer a range of cancer-related information leaflets for patients and carers, **w:** [www.guysandstthomas.nhs.uk/cancer-leaflets](http://www.guysandstthomas.nhs.uk/cancer-leaflets). For information leaflets on other conditions, procedures, treatments and services offered at our hospitals, please visit **w:** [www.guysandstthomas.nhs.uk/leaflets](http://www.guysandstthomas.nhs.uk/leaflets)



**Dimbleby Cancer Care** provides cancer support services for Guy's and St Thomas'. We have a drop-in information area staffed by specialist nurses and offer complementary therapies, psychological support and benefits advice for patients and carers.

Dimbleby Cancer Care is located in the Welcome Village of the Cancer Centre at Guy's, **t:** 020 7188 5918 **e:** [DimblebyCancerCare@gstt.nhs.uk](mailto:DimblebyCancerCare@gstt.nhs.uk)

## Pharmacy Medicines Helpline

If you have any questions or concerns about your medicines, please speak to the staff caring for you or call our helpline. **t:** 020 7188 8748, Monday to Friday, 9am-5pm

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A list of sources is available on request

